

Hard To Be A Woman

拍數: 64 牆數: 2 級數: High Beginner
編舞者: Katarina Halim (INA) & Patty (INA) - August 2020
音樂: Stand By Your Man - Carla Bruni



No Tag And No Restart.
Dance start on vocal

I. DIAGONAL SHUFFLE R-L

1-2 Step R to diagonal right, close L beside R
3-4 Step R to diagonal right, brush L beside R
5-6 Step L to diagonal left, close R beside L
7-8 Step L to diagonal left, brush R beside L

II. FORWARD, ¼ TURN R, SIDE, CROSS, SCISSOR, SIDE

1-2 Step R fwd, recover on L
3-4 ¼ Turn R stepping R to side, cross L over R (3.00)
5-6 Step R to side, close L beside R
7-8 Cross R over L, step L to side

III. BACK CROSS, POINT, GRAPEVINE, TOUCH, SHUFFLE

1-2 Cross R behind L, point L to side
3-4 Cross L over R, step R to side
5-6 Cross L behind R, point R to side
7-8 Step R fwd, lock L behind R

IV. SHUFFLE, TOUCH, FORWARD

1-2 Step R fwd, touch L beside R
3-4 Step L fwd, lock R behind L
5-6 Step L fwd, touch R beside L
7-8 Step R fwd, recover on L

V. ½ TURN R, RUMBA BOX SHUFFLE

1-2 ½ Turn R stepping R fwd, close L beside R (9.00)
3-4 Step R to side, close L beside R
5&6 Step R fwd, close L together, step R fwd
7-8 Step L to side, close R together

VI. BACK SHUFFLE, SIDE, CROSS SHUFFLE, ½ TURN R

1&2 Step L back, close R beside L, step L back
3-4 Step R to side, recover on L
5&6 Cross R over L, step L to side, cross R over L
7-8 ¼ Turn R stepping L back, ¼ turn R stepping R to side (3.00)

VII. CROSS SHUFFLE, SIDE, KICK, SIDE, KICK, SIDE, RECOVER

1&2 Cross L over R, step R to side, cross L over R
3-4 Step R to side, kick L over R
5-6 Step L to side, kick R over L
7-8 Step R to side, recover on L

VIII. JAZZ BOX TURN, SIDE, KICK, SIDE, KICK

1-2 Cross R over L, ¼ turn R stepping L back (6.00)
3-4 Step R to side, cross L over R

5-6 Step R to side, kick L over R
7-8 Step L to side, kick R over L

Enjoy the dance.

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