

Good Morning Starshine

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Karen Hannaford (NZ) - August 2020
音樂: Good Morning Starshine - Elaine Paige : (Album: Stages)



Intro: 44 counts – start on the word ‘starshine’

[1-8] R DIAGONAL FWD-TOG-FWD-TOUCH, DIAGONAL BACK, TOUCH, DIAGONAL BACK, TOUCH

1,2,3,4 Step R Fwd to right diagonal, step L together, step R fwd on right diagonal, touch L next to right - 12:00

5,6,7,8 Step L back to left diagonal, touch R together, Step R back on right diagonal, touch L together - 12:00

[9-16] L DIAGONAL FWD-TOG-FWD-TOUCH, DIAGONAL BACK, TOUCH, DIAGONAL BACK, TOUCH

1,2,3,4 Step L Fwd to left diagonal, step R together, step L fwd on left diagonal, touch R next to left - 12:00

5,6,7,8 Step R back to right diagonal, touch L together, Step L back on left diagonal, touch R together - 12:00

***Restart here during wall 4**

Nb for the first two sections, even though you are moving on the diagonals, you are facing 12:00

[17-24] R ROCKING CHAIR, FWD, HOLD, FWD, PIVOT 1/4

1,2,3,4 Rock fwd on R, recover weight to L, rock back on R, recover weight to L - 12:00

5,6,7,8 Step R fwd, hold, Step L fwd, pivot ¼ right taking weight on R - 3.00

[25-32] CROSS, POINT, CROSS, POINT, JAZZ SQUARE, TOUCH

1,2,3,4 Cross L over right, point R to side, Cross R over left, point L to side - 3:00

5,6,7,8 Cross L over right, step R back, step L to side, touch R next to left - 3:00

***Restart on wall 4 after 16 counts**

ENDING: This dance is dedicated to my Dad. I found this song on one of his CDs and choreographed the dance in his hospital room a few days before he died.
