

Tell Me What I Did

拍數: 48 牆數: 4 級數: High Beginner
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音樂: Tell Me What I Did Wrong - James Brown



Section 1: Heel-dig, Coaster, 1/4 turn Monterey Spin

1 2 3&4 Step R forward with toes turned left, Roll toes to right, Step RL back, Step R forward,
5-8 Point L to side, Step L 1/4 left, Point R to side, Step R next to L.

Section 2: Heel-dig, Coaster, 1/4 turn Monterey Spin

1 2 3&4 Step L forward with toes turned right, Roll toes to left, Step LR back, Step L forward.
5-8 Point R to side, Step R 1/4 right, Point L to side, Step L next to R.

Section 3: Step, Lock, Step X2

1-4 Step R forward, Lock L behind R, Step R forward, Scuff L,
5-8 Step L forward, Lock R behind L, Step L forward, Scuff R.

Section 4: Zig-zag Step, Touch (Clap)

1-4 Step R back/right, Touch L next to R (Clap), Step L back/left, Touch R next to L (Clap),
5-8 Step R back/right, Touch L next to R (Clap), Step L back/left, Touch R next to L (Clap).

Section 5: Rock, Recover, Cha Cha Cha X2 (1/4 turn)

1 2 3&4 Rock R to side, Recover L, Cross R over L, Step L to side, Cross r over L,
5 6 7&8 Rock L to side, Recover R, Step L in place, Step R 1/4 right, Step L forward.

Section 6: Cross-strut

1-4 Cross R toe over L, Step on R, Step L toe to side, Step on L,
5-8 Cross R toe over L, Step on R, Step L toe to side, Step on L.

Begin Again! It's All About Fun!

Tag: Wall #4 (9:00) 16 Counts

1-4 Take long step R to side, Slide L toe to right for 3 counts
5-8 Take long step L to side, Slide R toe to left for 3 counts.
1 2 2&4 Rock R forward, Recover L, Step R 1/4 right, Step L forward, Step R 1/4 right,
5 6 7&8 Step L forward, Pivot 1/2 right, Step L forward, Step R next to L, Step L forward.
