Everything To Lose

級數: Advanced

編舞者: Nathan Gardiner (SCO) - August 2020

音樂: Loyal Brave True - Christina Aguilera

Intro: 36 counts start dance on vocals

拍數: 48

Basic Waltz Forward, Step Back, Sweep, Weave R, Large Step R, Drag L

- Step forward on L, Step R next to L, Step L in place 1-2-3
- 4-5-6 Step back on R Sweep L from front to back
- 1-2-3 Step L behind R, Step R to R side, Cross L over R
- 4-5-6 Large step to R side, Drag L towards R

1/4 L, 1/2 L, 1/4 L, R Twinkle, Twinkle 1/2 L, Cross Unwind Full Turn L

- 1-2-3 1/4 L stepping forward on L, 1/2 L stepping back on R, 1/4 L stepping L to L side
- 4-5-6 Cross R over L, Step L to L side, Step R next to L
- 1-2-3 Cross L over R, ¼ L stepping back on R, ¼ L stepping L to L side
- 4-5-6 Cross R over L, Unwind full turn over L shoulder sweeping L from front to back

Weave R, Side R, Drag L, Side L, Rock Back, Recover, ¼ R, Sweep

- 1-2-3 Step L behind R, Step R to R side, Cross L over R
- 4-5-6 Step R to R side, Drag L towards R
- 1-2-3 Step L to L side, Rock back on R, Recover on L
- 4-5-6 1/4 R stepping forward on R, Sweep L from back to front

L Twinkle, R Twinkle ¼ R, Step Forward, Leg Lift, Step Back ½ L, Spiral Full Turn L

- Cross L over R, Step R to R side, Step L next to R 1-2-3
- 4-5-6 Cross R over L, ¼ R stepping back on L, Step R to R side
- 1-2-3 Step forward on L, Raise R leg and hook behind L knee for two counts like a figure of 4 position (optional: You can slightly raise on ball of L foot)
- 4-5-6 Recover stepping slightly back on R, 1/2 L stepping forward on L, Step forward on R and spiral full turn over L shoulder (weight ends on R)

Restart 1: On wall 3 after 36 counts but replace ¼ R, Sweep L to Step forward on R, Sweep L from back to front then restart the dance facing the back wall

Restart 2: On wall 6 dance the first 12 counts then restart the dance

Ending: Towards the end of wall 8 the music slows down just dance through this and you'll finish dance facing the front

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牆數:2