

She's a Dancer

COPPER **KNOB**
STEPSHEETS

拍數: 32 牆數: 2 級數: High Improver
編舞者: Ivonne Verhagen (NL) - August 2020
音樂: She's a Dancer - Richard Stoppelenburg



Dance starts on vocals after 24 counts

This dance means a lot to me as this singer made it specially for me.
The song is about my dance life. Thanks to Richard Stoppelenburg for this wonderful creation!!

SECTION 1: WALK, WALK, MAMBO STEP ½ TURN R, STEP FWD, 1 ½ TURN L FINISH WITH SWEEP,

1,2 RF walk FWD, LF walk FWD
3&4 RF rock FWD, Recover on LF, ½ turn right & RF step FWD
5,6 LF step FWD, ½ turn left & Rf step back,
7,8 ½ turn left & LF step FWD, ½ turn left & Sweep RF from back to front

SECTION 2: WALK, WALK, MAMBO STEP, OUT, SWAY L-R-L-R (INSTEAD OF SWAY ON CHORUS OPTIONAL MOVEMENT)

1,2 RF step FWD, LF step FWD
3&4 RF rock FWD, Recover on LF, RF step out
*** STEP CHANGE here on wall 4 & 7 (6h) COUNT 4 IS A TOUCH ***
5,6,7,8 Sway left, sway right, sway left, sway right

*(Styling only on chorus: 5-8 7-8

*5 LF step side & Left arm move to left, 6 Touch RF beside LF and move right arm slow to your body, 7 Bend knees 8 Slowly come up and finish weight on RF)

SECTION 3: CROSS, DIAGONAL BACK 2X, CROSS, BACK, ¼ TURN RIGHT & STEP SIDE, ROCK STEP, ¼ TURN L, 1 ¼ TURN LEFT

1&2 LF cross over RF, RF step diagonal back, LF step diagonal back
3&4 Rf cross over LF, LF step back, ¼ turn right & RF step side
5,6 LF rock FWD, Recover on RF
7,8&1 ¼ turn left & LF step FWD, ½ turn left & RF step back, ½ turn left & LF step FWD, ¼ turn left
& RF step side

SECTION 4: BACK ROCK STEP & SIDE, BEHIND, SIDE ¼ TURN LEFT, STEP (rock) FWD, 2X STEP BACK, ½ TURN LEFT, ½ TURN LEFT & DRAG

2&3 LF rock back, Recover on RF, LF step side
4&5 RF cross behind LF, ¼ turn left & LF step FWD, RF rock FWD (reach right arm fwd)
6&7 LF step back, RF step back, ½ turn left & LF step FWD
8 ½ turn left & Drag RF close to LF

**** End of Wall 8 Sway R-L-R-L

(1) In wall 4 & 7(6h) step change in section 2: change count 4 into a touch ***

(2) End of wall 8 a 4 count Tag: Sway R-L-R-L ****

Start again!

Contact Info: Ivonne Verhagen: ivonne.verhagen70@gmail.com

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