

Whistling AB (Silbando AB)

COPPERKNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Joan Morro (ES) - August 2020
音樂: (Sittin' On) The Dock of the Bay - Otis Redding



no Tags no Restarts

[1-8] STEP SIDE, CROSS, STEP SIDE, TOUCH, STEP SIDE, TOUCH, SWAY X 2

1-2 LF step side L, RF cross over L
3-4 LF step side L, RF touch near LF
5-6 RF Step side R, LF touch near RF
7-8 LF Step side L & Sway L, RF recover weight and sway

[9-16] RHUMBA BOX

1-2 LF Step side L, RF Step together LF
3&4 LF Step fwd, RF step fwd near LF, LF step fwd
5-6 RF Step side R, LF step together RF
7&8 RF Step bwd, LF step bwd near RF, RF Step bwd

[17-24] ROCK BWD, ½ TURN R, SHUFFLE FWD, ¼ TURN L

1-2 LF rock bwd, RF recover
3-4 LF Step fwd, RF ½ turn R & Step fwd (6.00)
5&6 LF step fwd, RF step fwd near LF, LF step fwd
7-8 RF Step fwd, LF ¼ turn L & step side L (3.00)

Arms Styling

When you make rock back (counts 1-2), you can lift your left arm up, leaving your right arm at waist level

[25-32] CROSS, STEP SIDE, CROSS SHUFFLE, ROCK SIDE, CROSS, STEP SIDE

1-2 RF cross over LF, LF step side L
3&4 RF cross over LF, LF Step side L, RF Cross over LF
5-6 LF Rock side L, RF Recover weight
7-8 LF Cross over R, RF step side R
