

When We Disco

拍數: 64 牆數: 4 級數: Phrased Improver
編舞者: Eun Mi Lim (KOR) - August 2020
音樂: When We Disco - J.Y. Park (박진영) & SUNMI (선미)



Note: Please refer to the video for hand gestures~**^^*

Sequence: Intro (32C) / A, A, B, B / A, A, B, B / A, B, B / A, A

Intro: #64 Counts

Intro Dance (32 Counts)

S 1: Forward Prissy Walk – Hold (R - L), Side Mambo (R - L)

1-2-3-4 Cross R over L, Hold, Cross L over R, Hold
5&6 Rock R to right side, Recover on L, Step R next to L
7&8 Rock L to left side, Recover on R, Step L next to R

S 2: Repeat S1 (1 - 8)

S 3: Back Walk – Hold (R - L), Side Mambo (R - L)

1-2-3-4 Step back on R, Hold, Step back on L, Hold
5&6 Rock R to right side, Recover on L, Step R next to L
7&8 Rock L to left side, Recover on R, Step L next to R

S 4: Repeat S 3 (1 - 8)

Part A (32 Counts)

A 1: Walk Forward (R - L - R), L Point, Walk Forward (L - R - L), R Point

1-2 Step forward on R, Step forward on L
3-4 Step forward on R, Point L to left side
5-6 Step forward on L, Step forward on R
7-8 Step forward on L, Point R to right side

A 2: Hold, Together, Point X2, Hip Roll – Touch, 1/4Turn R & Hip Roll – Touch

1&2 Hold, Step R next to L, Point L to left side
3&4 Hold, Step L next to R, Point R to right side
5-6 Step R to right side while hips rolling counter clockwise, Touch L to left side
7-8 Step L to left side while 1/4turn R hips rolling clockwise, Touch forward on R

A 3: Chasse, Hold, Together, Side, Hip Bumps

1&2 Step R to right side, Step L next to R, Step R to right side
3&4 Step R to right side, Hold, Step L next to R
5-6-7-8 Hip bumps for 4 times

A 4: Side, Hitch, 1/4Turn R & Side, Hitch, Forward, Together, Twist

1-2 Step R to right side, Hitch L knee up
3-4 1/4turn R stepping L to left side, Hitch R knee up
5-6 Step forward on R, Step L next to R
7&8 Both heel swivel L - R - L

Part B (32 Counts)

B 1: R Vine –Together, Hip Bounce

1-2 Step R to right side, Step L behind R,

3-4 Step R to right side, step L beside R (body angle diagonal left)
5-6-7-8 Hip bounce for 4 times

B 2: L Vine – Together, Hip Bounce

1-2 Step L to left side, Step R behind L
3-4 Step L to left side, step R beside L (body angle diagonal right)
5-6-7-8 Hip bounce for 4 times

B 3: 1/8 Turn R Diamond Step, 1/8 Turn R & V-Step (Out-Out-In-In)

1-2 1/8turn R cross R over L, Cross L over R
3-4 Step back on R, Step back on L
5-6 1/8turn R stepping R forward diagonal right, Step L forward diagonal left
7-8 Step R back diagonal to center, Step L next to R

B 4: Chasse (R - L), Toe Strut (R - L)

1&2 Step R to right side, Step L next to R, Step R to right side
3&4 Step L to left side, Step R next to L, Step L to left side
5-6 Touch R toe forward, R heel drop
7-8 Touch L toe forward, L heel drop

Enjoy Dancing Always~!

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