

Five Together

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Dirk Leibing (DE), Gudrun Schneider (DE), Sascha Wolf (DE), Silvia Schill (DE) & Tobias Jentzsch (DE) - August 2020
音樂: Show It Off - Andreas Linden : (Music download for free)



Intro: 16 counts (~9 sec.)

Seq: 64, Tag, 64, 64, 16, Tag, 64, (33-64), 16(ending to the front)

(I) Out, Out, Back, Point, Heel Bounce, Side Rock, Cross Shuffle

1-2 Step RF right diag. forward(1), Spep LF left diag. forward(2)
&3&4 Step RF back(&), Step LF in front of RF(3), Lift both Heels(&), Step both Heels down(4)
&5-6 Step LF next to RF(&), Rock RF right(5), Recover on LF(6)
7&8 Cross RF in front of LF(7), Step LF left(&), Cross RF in front of LF(8)

(II) Side Rock, Cross Shuffle, Mambo Step(R+L)

1-2 Rock LF left(1), Recover on RF(2)
3&4 Cross LF in front of RF(3), Step RF right(&), Cross LF in front of RF
5&6 Rock RF right(5), Recover on LF(&), Step RF next to LF(6)
7&8 Rock LF left(7), Recover on RF(&), Step LF next to RF(8)

(III) Monterey ½ Turn, Rock Step, Triple Full Turn

1-2 Point RF right(1), Close RF next to LF & Turn ½ right(2)(6:00)
3-4 Point LF left(3), Close LF next to RF(4)
5-6 Rock RF forward(5), Recover on LF(6)
7&8 Turn ½ right stepping RF forward(12:00), Close LF next to RF(&), Turn ½ right stepping RF forward(6:00)

(IV) Cross, Side, Sailor ¼ Turn, Jazz Box

1-2 Cross LF in front of RF(1), Step RF right(2)
3&4 Cross left behind right - ¼ turn left, step right beside left – step left forward (3:00)
5-6 Cross RF in front of LF(5), Step LF back(6)
7-8 Step RF right(7), Step LF forward(8)

(V) Walk forward(R+L), Mambo Step, Walk back (L+R), Coaster Cross

1-2 Step RF forward(1), Step LF forward(2)
3&4 Rock RF forward(3), Recover on LF(&), Close RF next to LF(4)
5-6 Step LF back(5), Step RF back(6)
7&8 Step LF back(7), Close RF next to LF(&), Cross LF in front of RF(8)

(VI) Rolling Vine right, Grapevine left

1-2 Turn ¼ right stepping RF forward(1)(6:00), Turn ½ right stepping LF back(2)(12:00)
3-4 Turn ¼ right stepping RF right(3)(3:00), Touch LF next to RF(4)
5-6 Step LF left(5), Cross RF behind LF(6)
7-8 Step LF left(7), Touch RF next to LF(8)

(VII) Side Shimmy(2x), ¼ Turn, ½ Turn, Tripple ½ Turn

1-2 Step RF right(with Shoulder Shimmy)(1), Close LF next to RF(2)
3-4 Step RF right(with Shoulder Shimmy)(3), Close LF next to RF(4)
5-6 Turn ¼ left stepping LF forward(5)(12:00), Turn ½ left stepping RF back(6)(6:00)
7&8 Turn ¼ left stepping LF left(7)(3:00), Close RF next to LF(&), Turn ¼ left stepping LF forward(8)(12:00)

(VIII) Step Turn(with flick), Shuffle, Rock Step, Sailor ¼ Turn

1-2 Step RF forward(1), Turn ½ left(weight on LF) and flick RF back(2)(6:00)

(optionally dip down while turning)

3&4 Step RF forward(3), Close LF next to RF(&), Step RF forward(4)

5-6 Rock LF forward(5), Recover on RF(6)

7&8 Cross left behind right - ¼ turn left(7), step right beside left(&) – step left forward(8) (3:00)

(TAG) Rocking Chair

1-2 Rock RF forward(1), Recover on LF(2)

3-4 Rock RF back(3), Recover on LF(4)

Have Fun

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We thank Andreas Linden for providing the music title.

Free download by Andreas Linden:

<https://www.dropbox.com/s/59nkV56mu6x23i9/Andreas%20Linden%20-%20Show%20it%20off.mp3?dl=0&fbclid=IwAR3hq38HUL9AOEO0V5rnYZldKizNI3EoHtvVSqo2t8MpTvUa8Sx1M5P1xck>

Last Update - 4 Sept. 2020
