Skipinnish



拍數: 32 牆數: 4 級數: Improver

編舞者: Willie Brown (SCO) - March 2020

音樂: Alive - Skipinnish



Intro; On vocals / 16 counts after beat kicks in (app 1 min 11 secs)

SECTION 1 - 'OUT-IN-OUT'	. BEHIND-SIDE-CROSS.	. 'Out-in-out'	BEHIND. ¼. STEP

1&2 Point Right toe to Right side, touch Right toe beside Left, point Right toe to Righ

3&4 Cross Right behind Left, step Left to Left side, cross Right over Left

Point Left toe to Left side, touch Left toe beside Right, point Left toe to Left side
Cross Left behind Right, turn ¼ Right stepping on to Right, step forward on Left [3]

SECTION 2 - MAMBO, COASTER STEP, STEP-CLAP-STEP-CLAP, ROCKING CHAIR

1&2	Rock forward on Right, recover back on Left, step back on Right
3&4	Step back on Left, close Right beside Left, step forward on Left
5&6&	Step forward on Right, clap hands, step forward on Left, clap hands

7&8& Rock forward on Right, recover weight on Left, rock back on Right, recover weight on Left

SECTION 3 - SIDE, BACK ROCK, SIDE, BACK ROCK, SIDE, BEHIND-SIDECROSS SHUFFLE

2&3	Rock back on Left, recover weight on Right, step Left to Left side
4&5	Rock back on Right, recover weight on Left, step Right to Right side

6& Cross Left behind Right, step Right to Right side

7&8 Cross Left over Right, step Right to Right, cross Left over Right

SECTION 4 - ROCK & CROSS, ROCK & CROSS, REVERSE RHUMBA BOX

1&2	Rock Right to Right side, recover weight on Left, cross Right over Left
3&4	Rock Left to Left side, recover weight on Right, cross Left over Right
5&6	Step Right to Right side, close Left beside Right, step back on Right
7&8	Step Left to Left side, close Right beside Left, step forward on Left

...START AGAIN...

7&8

Tag; During wall 2 (facing 6 o'clock) and wall 5 (facing 3 o'clock) dance until count 28 then omit the last 4 counts (reverse rhumba box) replacing them with the following 16 count tag; CHASSE, SAILOR, EXTENDED WEAVE (x2)

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1&2	Step Right to Right side, close Left beside Right, step Right to Right side
3&4	Cross Left behind Right, step Right to Right side, step Left to Left side
5&6&	Cross Right behind Left, step Left to Left side, cross Right over Left, step Left to Left side
7&8	Cross Right behind Left, step Left to Left side, cross Right over Left
1&2	Step Left to Left side, close Right beside Left, step Left to Left side
3&4	Cross Right behind Left, step Left to Left side, step Right to Right side
5&6&	Cross Left behind Right, step Right to Right side, cross Left over Right, step Right to Right side

Note; During wall 6 & 7 the music goes 'quiet' – just continue dancing at the same speed and the music will kick back in for wall 8

Cross Left behind Right, step Right to Right side, cross Left over Right

Ending; On wall 9 dance until the rocking chair then add a ¼ pivot turn Left to face 12 o'clock and close Right beside Left as you take your applause!!

