

# Hold On

**COPPER KNOB**  
STEPSHEETS

拍數: 104      牆數: 2      級數: Phrased Intermediate  
編舞者: Bruno Penet (FR) - August 2019  
音樂: Hold On - Andy Brown : (CD: Cedarmont)



SEQUENCE : A – B – A – B – C – A – B – C – C – A – B – B – C – C(Final)  
The Dance begin after 4 count

## PART A (56 Count)

### SECT 1 : OUT-OUT – STEP BACK – COASTER STEP – WEAVE – SCISSOR STEP

1&2            Step Right Heel diagonal Right, step Left Heel diagonal Left, Return Right Back  
3&4            Step Left Back, Step Right beside Left, Step Left Forward  
&5&6          Step Right to Right Side, Cross Left behind Right, Step right to Right Side, Cross Left over Right  
7&8            Step Right to Right Side, Step Left beside Right, Cross Right over Left

### SECT 2 : FULL TURN LEFT– SIDE ROCK CROSS – STEP FORWARD

1-2            ¼ Turn Left & Step Left Forward (9 :00), ½ Turn Left & Step Right Back (3 :00)  
3-4            ¼ Turn Left & Step Left to Left Side, cross Right over Left (12 :00)  
5-6            Rock Left to Left Side, Recover on Right  
7-8            Cross Left over Right, Step Right Forward

### SECT 3 : OUT-OUT – STEP BACK – COASTER STEP – WEAVE – SCISSOR STEP

1&2            Step Left Heel diagonal Left, step Right Heel diagonal Right, Return Left Back  
3&4            Step Right Back, Step Left beside Right, Step Right Forward  
&5&6          Step Left to Left Side, Cross Right behind Left, Step Left to Left Side, Cross Right over Left  
7&8            Step Left to Left Side, Step Right beside Left, Cross Left over Right

### SECT 4 : FULL TURN RIGHT – SIDE ROCK CROSS – STEP FORWARD

1-2            ¼ Turn Right & Step Right Forward (9 :00), ½ Turn Right & Step Left Back (3 :00)  
3-4            ¼ Turn Right & Step Right to Right Side, cross Left over Right (12 :00)  
5-6            Rock Right to Right Side, Recover on Left  
7-8            Cross Right over Left, Step Left Forward

### SECT 5 : STEP FORWARD – ½ TURN – SHUFFLE FORWARD – ¼ TURN SIDE ROCK – BEHIND SIDE CROSS

1-2            Step Right Forward, Pivot ½ Turn Left (weight on Left) (6 :00)  
3-4            Step Right Forward, Step Left beside Right, Step Right Forward  
5-6            ¼ Turn Right & Rock Left to Left Side, Recover on Right (9 :00)  
7-8            Cross Left behind Right, Step Right to Right Side, Cross Left over Right

### SECT 6 : SIDE STEP – HOLD – BESIDE SIDE STEP – SCUFF – CROSS ROCK – ¼ TURN SHUFFLE

1-2            Step Right to Right Side, Hold  
&3-4          Step Left beside Right, Step Right to Right Side, Scuff Left beside Right  
5-6            Rock Left over Right, Recover on Right  
7-8            ¼ Turn Left & Step Left Forward, Step Right beside Left, Step Left Forward (6 :00)

### SECT 7 : (ON DIAGONAL RIGHT) STEP RIGHT, STEP LEFT BEHIND – STEP LOCK STEP – (ON DIAGONAL LEFT) STEP LEFT, STEP RIGHT BEHIND – STEP LEFT – STOMP RIGHT

1-2            (diagonal Right) Step Right Forward, Step Left Behind Right  
3&4            (diagonal Right) Step Right Forward, Step Left Behind Right, Step Right Forward  
5-6            (diagonal Left) Step Left Forward, Step Right behind Left  
7-8            (diagonal Left) Step Left Forward, Stomp Right beside Left

**PART B (32 Count)**

**SECT 1 : JUMP DIAGONAL AND TOUCH – JUMP BACK & TOUCH – ROCK BACK & STOMP – SWIVEL – CROSS ROCK – STEP SIDE**

- &1&2 (Jumping) Step Right Forward Diagonal Right, Touch Left Toe beside Right, (Jumping) Step Left Back, Touch Right Toe beside Left  
3&4 (Jumping) Rock Right Back & Kick Left Forward, Recover on Left, Stomp Right beside Left  
5&6 Swivel to Right : Right Toe, Right Heel, Right Toe  
7&8 Rock Left over Right, Recover on Right, Step Left on Left Side

**SECT 2 : CROSS ROCK – STEP SIDE – ½ TURN – SHUFFLE FORWARD – FULL TURN**

- 1&2 Rock Right over Left, Recover on Left, Step Right to Right Side  
3-4 Step Left Forward, Pivot ½ Turn Right (Weight on Right)  
5&6 Step Left Forward, Step Right beside Left, Step Left Forward  
7-8 ½ Turn Left & Step Right Back, ½ Turn Left & Step Left Forward

**SECT 3 : JUMP DIAGONAL AND TOUCH – JUMP BACK & TOUCH – ROCK BACK & STOMP – SWIVEL – CROSS ROCK – STEP SIDE**

- &1&2 (Jumping) Step Right Forward Diagonal Right, Touch Left Toe beside Right, (Jumping) Step Left Back, Touch Right Toe beside Left  
3&4 (Jumping) Rock Right Back & Kick Left Forward, Recover on Left, Stomp Right beside Left  
5&6 Swivel to Right Right Toe, Right Heel, Right Toe  
7&8 Rock Left over Right, Recover on Right, Step Left on Left Side

**SECT 4 : CROSS ROCK – STEP SIDE – ½ TURN – SHUFFLE FORWARD – FULL TURN**

- 1&2 Rock Right over Left, Recover on Left, Step Right to Right Side  
3-4 Step Left Forward, Pivot ½ Turn Right (Weight on Right)  
5&6 Step Left Forward, Step Right beside Left, Step Left Forward  
7-8 ½ Turn Left & Step Right Back, ½ Turn Left & Step Left Forward

**PART C (16 Count)**

**SECT 1 : CHASSE RIGHT – ROCK BACK – RECOVER – CHASSE LEFT – ½ TURN STEP SIDE – STOMP**

- 1&2 Step Right to Right Side, Step Left beside Right, Step Right to Right Side  
3-4 Rock Back on Left, Recover on Right  
5&6 Step Left to Left Side, Step Right beside Left, Step Left to Left Side  
7-8 ½ Turn Right & Step Right to Right Side, Stomp Left Beside Left

**SECT 2 : CHASSE RIGHT – ROCK BACK – RECOVER – CHASSE LEFT – ROCK STEP**

- 1&2 Step Right to Right Side, Step Left beside Right, Step Right to Right Side  
3-4 Rock Back on Left, Recover on Right  
5&6 Step Left to Left Side, Step Right beside Left, Step Left to Left Side  
7-8 Rock Back on Right, Recover on Left

**PART C (Final)**

**Part C / Section 2, Replace the Count 7-8 by :**

- 7&8 ½ Turn Right Step Right Forward, Step Left beside Right, Step Right Forward

**option : Full Turn**

- 9 Step Left Forward

**WORKSHOP – Châlette Sur Loing (45120) – Club : THE HAPPY HEELS - 14 Septembre 2019 Challenge**

**Boy – CRAZY DANCERS OF COUNTRY MUSIC**

**Site : <http://challengeboycountry.free.fr>**

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