

Nowhere Cha

拍數: 32 牆數: 4 級數: Beginner Cha Cha
編舞者: Charles Alexander (SWE) - March 2020
音樂: Nowhere Fast - Old Dominion : (CD: Meat and Candy - 3:09)



Intro: 16 counts, approx. 10 sec – 102 bpm

[1 – 8] SIDE, CROSS ROCK, RECOVER, CHA CHA LEFT, CROSS, SIDE, BEHIND

1-3 Step R to side. Rock L over R. Recover onto R.
4&5 Step L to side. Step Right beside L. Step L to side.
6-8 Cross R over L. Step L to Side. Cross R behind L.

Long tag after Wall 1, facing 9:00

[9 – 16] SIDE, CROSS ROCK, RECOVER, CHA CHA RIGHT, CROSS, SIDE, BEHIND

1-3 Step L to side. Rock R over L. Recover onto L.
4&5 Step R to side. Step L beside R. Step R to side.
6-8 Cross L over R. Step R to Side. Cross L behind R.

****Restart after Wall 3, facing 3:00****

[17 – 24] ¼ TURN RIGHT, STEP, POINT, RIGHT CHA CHA FORWARD, STEP, POINT, LEFT CHA CHA FORWARD

1-3 Make 1/4 turn and step R forward. Step L forward. Point R to side. [3:00]
4&5 Step R forward. Step R beside L. Step R forward.
6-7 Step L forward. Point R to side.
8&1 Step R forward. Step R beside L. Step R forward.

[25 – 32] STEP, ½ TURN RIGHT, LEFT CHA CHA FORWARD, ROCK FORWARD, RECOVER, CHA CHA RIGHT

2-3 Step L forward. Make 1/2 turn right taking weight on R. [9:00]
4&5 Step L forward. Step R beside L. Step L forward.
6-7 Rock R forward. Recover onto L.
8& (1) Step R to side. Step L beside R. (Step R to side.)

*****Short tag after wall 6, facing 6:00*****

Tag 1: Danced once after wall 1

[1 – 8] SIDE, CROSS ROCK, RECOVER, CHA CHA LEFT, CROSS ROCK, RECOVER, CHA CHA RIGHT

1-2-3 (Step R to side.) Rock L over R. Recover onto R.
4&5 Step L to side. Step Right beside L. Step L to side.
6-7 Step L to side. Rock R over L. Recover onto L.
8&1 Step R to side. Step L beside R. (Step R to side.)

Tag 2: Danced once after wall 6

[1 – 4] SIDE & SWAY R-L-R-L

1, 2-4 (Step R to side) and sway hips right-left-right-left.

Let the music guide you!