

50 Reasons (to Depend on Me)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Newcomer
編舞者: Partyfor2 (ES) - May 2020
音樂: You Can Depend On Me - Restless Heart : (Album: The Best of Restless Heart - 1991)



Intro: 16 counts

HEEL SWITCHES R-L, TRIPLE STEP FWD, HEEL SWITCHES L-R, TRIPLE STEP FWD

1& Touch right heel forward, step right together
2& Touch left heel forward , step left together
3&4 Step right forward, step left together, step right forward
5& Touch left heel forward, step left together
6& Touch right heel forward, setp right together
7&8 Step left forward, step right together, step left forward

ROCK FWD R, 1/2 TURN SHUFFLE X 2 (R-L), ROCK BACK R

1-2 Rock right forward, recover weight to left
3&4 Turn 1/4 to right and step right to right side (03:00), step left together, turn 1/4 to right and step right forward (06:00)
5&6 Turn 1/4 to right and step left to left (09:00), step right together, turn 1/4 to right (12:00) and step left back
7-8 Rock right back, recover to left

SIDE SHUFFLE R, 1/4 TURN L & SIDE SHUFFLE L, 1/4 TURN L & SIDE SHUFFLE R, ROCK BACK L

1&2 Step right to right, step left together, step right to right
3&4 Turn 1/2 to left & step left to left, step right together, step left to left (09:00)
5&6 Turn 1/2 to left & step right to right, step left together, step right to right (06:00)
7-8 Rock left back, recover to right

JAZZBOX L, POLKA STEPS TO LEFT

1-2 Cross left over right, step right back
3-4 Step left to left, step right together
5& Step left to left side, step right together
6& Step left to left side, step right together
7& Step left to left side, step right together
8 Step left to left side.

REPEAT

TAG 1 - 2 counts. After wall 2 (12:00).

POLKA STEPS

&1 Step left to left side, step right together
&2 Step left to left side, step right together

TAG 2: 4 counts. After count 16 of walls 4 and 7 (06:00).

JAZZBOX R

1-2 Step right over left, step left back
3-4 Step right to right side, step left together.

ENDING- After count 8 of wall 9, freeze for 6 counts and do next steps:

MILITARY TURN TO LEFT, JAZZBOX R

1-2 Step right forward, turn 1/2 left (06:00)

- 3-4 Step right forward, turn 1/2 left (12:00)
- 5-6 Step right over left, step left back
- 7-8 Step right to right side, step left together.

Last Update - 25 Aug. 2020
