

Y'all Keep Up

拍數: 32 牆數: 4 級數: Improver
編舞者: Step5678 (USA) - August 2020
音樂: Keep Up - RaeLynn



Intro: 24 Counts...Start On The Word...Gucci
Restart On Wall 2 After 16 Counts....

S1: Heel Switches, Heel-Hook-Heel-Step, Heel Switches, Heel-Hook-Heel-Step

1&2& Touch R heel fwd (1), Step R next to L (&), Touch L heel fwd (2), Step L next to R (&)
3&4& Touch R heel fwd (3), Hook R over L (&), Touch R heel fwd (4), Step R next to L (&)
5&6& Touch L heel fwd (5), Step L next to R (&), Touch R heel fwd (6), Step R next to L (&)
7&8& Touch L heel fwd (7), Hook L over R (&), Touch L heel fwd (8), Step L next to R (&)

S2: Syncopated Rock Fwd/ Recover Steps, ½ Left Pivot Turn, Stomp, Clap, Clap

1-2& Rock R fwd (Press fwd if you want to) (1), Recover on L (2), Step R next to L (&)
3-4& Rock L fwd (Press fwd if you want to) (3), Recover on R (4), Step L next to R (&)
5-6 Step R fwd (5), Pivot ½ to left (weight on L) (6)
7&8 Stomp R next to L (7), Clap (&), Clap (8)

*****Restart Here On Wall 2*****

S3: Touch Out-In-Out, Behind-Side-Cross, Touch Out-In-Out, Behind-Side-Fwd

1&2 Touch R toe out to right side (1), Touch R toe in (&), Touch R toe out to right side (2)
3&4 Step R behind L (3), Step L to left side (&), Cross R over L (4)
5&6 Touch L toe out to left side (5), Touch L toe in (&), Touch L toe out to left side (6)
7&8 Step L behind R (7), Step R to right side (&), Step L fwd (8)

S4: Rock R Fwd/Recover, ¾ Right Triple Turn, Rock L Fwd/Recover, ½ Left Triple Turn

1-2 Rock R fwd (1), Recover on L (2)
3&4 Make a ½ right and step R fwd (3), Step L next to R(&), Turn a ¼ right and step R fwd(4)
5-6 Rock L fwd (5), Recover on R (6)
7&8 Make ¼ left and step L to left (7), Step R next to L (&), Make ¼ left and step L fwd (8)

Ending: On Wall 11, Dance 16 Counts then add this to finish dance:

&1 Stomp R fwd (&), Stomp L next to R (1)

Let's Dance!!!

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