

Muy Poquito

拍數: 40 牆數: 4 級數: Improver
編舞者: Francien Sittrop (NL) - August 2020
音樂: No Vale la Pena - The Mavericks



Intro: Starts after 32 counts

[1 – 8] Side, Drag, Rock back, Recover x2

1 – 2 Step R big step to R side, Drag L to R
3 - 4 Rock L back. Recover on R
5 – 6 Step L big step to L, Drag R to L
7 - 8 Rock R back, Recover on L

[9-16] Step Fwd, Lock, Lock Step fwd. Step fwd. Pivot ½ R, Step Fwd, Hold

1 – 2 Step R fwd, Lock L behind R
3 & 4 Step R fwd, Lock L behind R, Step R fwd
5 – 6 Step L fwd, Pivot ½ Turn R (06.00)
7 - 8 Step L fwd, Hold

[17-24] ¾ Turn L, Cross Rock, Recover, Side, Across, Side, Touch

1 – 2 ½ Turn L step R back, ¼ Turn L step L to L side (09.00)
3 - 4 Cross Rock R over L, Recover on L
5 - 6 Step R to R side, Step L across R
7 - 8 Step R to R side, Touch L next to R

[25-32] Side, Together, Side Shuffle ¼ L, Step fwd, ¼ Turn L, Hipsways

1 – 2 Step L to L side, Step R next to L
3 & 4 Step L to L side, Step R next to L, ¼ L step L fwd (06.00)
5 - 6 Step R fwd, ¼ Turn L recover on L (03.00)
7 – 8 Sway Hips R, L **R**

[33-40] Step across, Point, Step Across , Point, Rocking Chair

1 – 2 Step R across L, Point L to L side,
3 – 4 Step L across R, Point R to R side
5 – 8 Rock R fwd, Recover on L, Rock R back, Recover on L

Restarts during wall 3 & 6 after count 32. Start again with count 1

Ending; Last wall starts on the 9 o'clock wall. Dance the first 8 counts and make a ¼ Turn R to face the front wall again

Website: www.franciensittrop.nl