

# Conga EZ

拍數: 32      牆數: 1      級數: Beginner  
編舞者: Evi Pravita (INA) - August 2020  
音樂: Conga - Gloria Estefan : (2:26)



**Intro : 48 Count - No tag, No Ristart**

**Section 1: Pressy Walks R, L, R, L, Side, Together, Side, Hitch**

- 1 - 4      Walk R fwd and slightly in front of L, Walk L fwd and Slightly in front of R, (Repeat)
- 5 - 8      Turn 1/8 to left to face 10.30 step R to R side, Step ball of L together, Step R to R side, turn 1/4 to R to face 1.30 Hitching L

**Section 2: Side, Together, Side, Hitch, Step back R, L, R, L with Shoulder Shimmy**

- 1 - 4      Step L to L side, Step ball of R together, Step L to L side, 1/8 Turn L to face 12.00 Hitching R
- 5 - 8      Step Backward R, L, R, L with Shoulder Shimmy

**Section 3: Side Mambo R & L, Mambo Step B & F**

- 1 & 2      Step R to R side, recover on L, step R next to L
- 3 & 4      Step L to L side, Recover on R, step L next to R
- 5 & 6      Step R Back , recover on L, Step R next to L
- 7 & 8      Step L Fwd, R recover on R, Step L next to R

**Section 4: Cross Behind R & L, Back Mambo, Toe Strut Back Diagonal ( with body roll**

- 1 & 2      Cross R behind L, Recover on L, step R side
- 3 & 4      Cross L behind R, Recover on R, Step L side
- 5 & 6      Step R Back, Recover on L, Step R next to L
- 7 - 8      Touch L Toe Diagonal back 1.30 (option body roll back), drop L heel as you sit bending both knees

Thank you

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