

Down to One

拍數: 32 牆數: 2 級數: Improver
編舞者: Judy Rodgers (USA) - August 2020
音樂: Down to One - Luke Bryan



#16 count intro from hard beat - No tags or restarts

S1: Out out in in, step lock & walk walk

1-2 Step L fwd to left diagonal, step R fwd to right diagonal,
3-4 Step L back in to center, step R back in to center
5-6& Step L fwd to left diagonal, step/lock R behind L, step L fwd
7-8 Walk fwd R, L

S2: Anchor step, turn 1/2 L, turn 1/4 L, coaster step, fwd rock side rock

1&2 Step ball of R behind L, step L in place, step R slightly back
3-4 Turn 1/2 left step L fwd, turn 1/4 left step R to right side 3:00
5&6 Step back L, step R beside L, step L fwd
7&8& Rock R fwd, recover L, rock R to right side, recover L

S3: Cross turn 1/4 R, shuffle, rock recover, shuffle

1-2 Cross R over L, turn 1/4 right step L back 6:00
3&4 Shuffle back R L R
5-6 Rock L back, recover R
7&8 Shuffle fwd L R L

S4: Kick & point & step heel twists, back back, coaster step

1&2 Kick R fwd, step on ball of R, point L to left side
&3&4 Step L beside R, step R fwd, twist both heels to right, twist both heels back to center
5-6 Step R back, step L back
7&8 Step R back, step L beside R, step R fwd
