

Ready for Love

COPPER KNOB
BY STEPHEN

拍數: 92 牆數: 2 級數: Phrased Advanced
編舞者: Tim Gauci (AUS) - August 2020
音樂: I'm Ready - Sam Smith & Demi Lovato : (Album: iTunes single)



Begin dance on lyrics, 8 beats in.

Phrasing – A, B, A, B, tag, short A (16&** straighten up to 6:00), B

A-Beats

[1-8] SIDE/DRAG, BEHIND, SIDE, CROSS, SIDE, ROCK, CROSS, SIDE/DRAG, BACK, ROCK, SIDE/DRAG, BEHIND, 1/8 FWD

12&3&4& Step L to L dragging R towards L, step R behind L, step L to L (&), cross R over L, recover weight onto L (&), step R to R, cross L over R (&) 12:00

5&6&7&8& Step R to R dragging L towards R, step L back and behind R, recover weight fwd onto R (&), step L to L dragging R towards L, step R behind L, making 1/8 turn L step fwd L (&) 10:30

[9-16] FWD, ROCKING CHAIR, STEP, LOCK, STEP, STEP, PIVOT 1/2, STEP, 1/2, 1/2

12&3&4& Step R fwd, step L fwd, recover weight back onto R (&), step L back, recover weight fwd onto R (&), step L fwd, lock R behind L (&) 10:30

5&6&7&8& Step L fwd, step R fwd, pivot 1/2 turn L (&), step R fwd, making 1/2 turn R step L back, making 1/2 turn R step R fwd (&)** 04:30

[17-24] 1/8 SIDE, BEHIND, 1/4, FWD, PIVOT 1/2, 1/4 SIDE, BEHIND, 1/4, STEP, PADDLE 1/4, CROSS, 1/4, 1/4

12&3&4& Making 1/8 turn R step L to L, step R behind L, making 1/4 turn L step L fwd (&), step R fwd, pivot 1/2 turn L (&), making 1/4 turn step R to R 6:00

5&6&7&8& Step L behind R, making 1/4 turn R step R fwd (&), step L fwd, pivot 1/4 turn R (&), cross L over R, making 1/4 turn L step R back, making 1/4 turn L step L to L (&) 6:00

[25-32] FWD 1/8, HITCH, BACK, 3/8, 1/4/DRAG, BEHIND, SIDE, FWD 1/8, HITCH, BACK, 3/8, 1/4/DRAG, BEHIND, SIDE

1&2&3&4& Making 1/8 turn L step R fwd, hitch L knee (&), step L back, making 3/8 turn R step R fwd (&), making 1/4 turn R step L to L dragging R towards L, step R behind L, step L to L (&) 12:00

5&6&7&8& Making 1/8 turn L step R fwd, hitch L knee (&), step L back, making 3/8 turn R step R fwd (&), making 1/4 turn R step L to L dragging R towards L, step R behind L, step L to L (&) 6:00

[33-40] CROSS/SWEEP, CROSS, SIDE, BEHIND, SIDE, CROSS, SIDE, CROSS/SWEEP, CROSS, SIDE, BEHIND, 1/4, FWD, TOG

12&3&4& Step R over L sweeping L from back to front, cross L over R, step R to R (&), step L behind R, step R to R (&), cross L over R, step R to R (&) 6:00

5&6&7&8& Cross L over R sweeping R from back to front, cross R over L, step L to L (&), step R behind L, making 1/4 turn L step L fwd (&), step R fwd, step L tog (&) 3:00

[41-48] FWD, ROCK, 1/2, FWD, PIVOT, 1/2, TOG, FWD, ROCK, 1/4, CROSS, SIDE, ROCK, CROSS

12&3&4& Step R fwd, recover weight back onto L, making 1/2 turn R step R fwd (&), step L fwd, pivot 1/2 turn R, step L tog (&) 3:00

5&6&7&8& Step R fwd, recover weight back onto L, making 1/4 turn R step R to R side (&), cross L over R, step R to R (&), recover weight onto L, cross R over L (&) 6:00

[48] Beats Repeat dance in new direction

Part B – I'm Ready

B-Beats Step Description

[1-8] SIDE/DRAG, BEHIND, 1/4 FWD, SIDE/DRAG, BEHIND, 1/4 FWD, FWD, PIVOT, 1/2, FWD, 1/2, 1/2, TOG

12&3&4& Step L to L dragging R towards L, step R behind L, making 1/4 turn L step L fwd (&), step R to R dragging L towards R, step L behind R, making 1/4 turn R step L fwd (&) 6:00

567&8& Step L fwd, pivot ½ turn R, step L fwd, making ½ turn L step R back (&), making ½ turn L step L fwd, step R tog (&) 12:00

[9-16] FWD, RECOVER/SWEEP, BACK, SWEEP, BEHIND, SIDE, CROSS, SIDE, TOG, CROSS, ¼, ½

1234& Step L fwd, recover weight back onto R sweeping L from front to back, step L back sweeping R from front to back, step R behind L, step L to L (&) 12:00

56&78& Cross R over L, step L to L, step R tog (&), cross L over R, making ¼ turn L step R back, making ½ turn L step L fwd (&) 3:00

[17-24] SIDE/Drag, BEHIND, ¼ FWD, SIDE/Drag, BEHIND, ¼ FWD, FWD, PIVOT, ½, FWD, ½, ½, TOG

12&34& Making ¼ turn L step R to R dragging L towards R, step L behind R, making ¼ turn R step R fwd (&), step L to L dragging R towards L, step R behind L, making ¼ turn L step R fwd (&) 12:00

567&8& Step R fwd, pivot ½ turn L, step R fwd, making ½ turn R step L back (&), making ½ turn R step R fwd, step L tog (&) 6:00

[25-32] FWD, RECOVER/SWEEP, BACK, SWEEP, BEHIND, SIDE, CROSS, SIDE, TOG, CROSS, ¼, ½

1234& Step R fwd, recover weight back onto L sweeping R from front to back, step R back sweeping L from front to back, step L behind R, step R to R (&) 6:00

56&78& Cross L over R, step R to R, step L tog (&), cross R over L, making ¼ turn R step L back, making ½ turn R step R fwd (&) 3:00

[33-40] ¼ SIDE, TOG, CROSS, SIDE, TOG, CROSS, SIDE/Drag, BEHIND, ¼ FWD, ¼ SIDE/Drag, BACK, ROCK

12&34& Making ¼ turn R step L to L dragging R towards L, step R tog, cross L over R (&), step R to R dragging L towards R, step L tog, cross R over L (&) 6:00

56&78& Step L to L dragging R towards L, step R behind L, making ¼ turn L step L fwd (&), making ¼ turn L step R to R dragging L towards R, step L back, recover weight fwd onto R (&) 12:00

[41-44] SIDE/Drag, BEHIND, ¼ FWD, ¼ SIDE/Drag, BACK, ROCK

12&34& Step L to L dragging R towards L, step R behind L, making ¼ turn L step L fwd (&), making ¼ turn L step R to R dragging L towards R, step L back, recover weight fwd onto R (&) 6:00

[44] Beats Repeat dance in new direction

Tag; facing 12:00 wall

Step L to L swaying hips to L, recover weight onto R swaying hips to R, step L tog (&), step R to R swaying hips to R, recover weight onto L swaying hips to L, step R tog (&), step L fwd, pivot ½ turn R, step L tog (&), step R fwd, pivot ½ turn L, step R tog (&)

Ending: dance up to end of Part B – make a ½ turn R to face the 12:00 drag R to R

Enjoy
