

Your Man

拍數: 28 牆數: 4 級數: Easy Intermediate
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音樂: Your Man - Home Free : (iTunes)



Intro: app. 2 seconds – start on the word “lights”

[1-7] STEP R, CROSS ROCK, CHASSE 1/4 L, TURN 1/4 L STEP R, TOUCH L

1 - 3 Step R to R side, Cross rock L in front of R, Recover on R
4 & 5 Step L to L side, Step R beside L, Turn 1/4 L step L fw (9:00)
6 - 7 Turn 1/4 L step R to R side, Touch L beside R while prepping body R (6:00)

[8-15] TURN 1/4 L ON L, TURN 1/2 L BACK ON R, CHASSE 1/4 L, CROSS ROCK, CHASSE 1/4 R

8 - 1 Turn 1/4 L step L fw, Turn 1/2 L step back on R (9:00)
2 & 3 Turn 1/4 L step L to L side, Step R beside L, Step L to L side (6:00)
4 - 5 Cross rock R in front of L, Recover on L
6 & 7 Step R to R side, Step L beside R, Turn 1/4 R stepping R fw (9:00)

[16-23] ROCK R FW, COASTER, WALK R, WALK L, SHUFFLE

8 - 1 Rock fw on L, Recover on R
2 & 3 Step back on L, Step R beside L, Step fw on L
4 - 5 Walk 1/8 R on R, Walk 1/8 R on L (10.30)
6 & 7 Step fw on R, Step L beside R, Step fw on R (3:00)

[24-28&] ROCK DIAGONAL L, BEHIND SIDE CROSS, SIDE TOGETHER

8 - 1 Rock L fw to L diagonal, Recover on R
2 & 3 Cross L behind R, Step R to R side, Cross L in front of R *** BRIDGE
4 & Step R to R side, Step L beside R (Step R til R side to start the dance again – 4 & 1 becomes a chasse to the right)

Begin Again

*** BRIDGE – 3 Wall after count 27 – BALL CROSS, SWAY R+L

&1 - 3 Step R to R side, Cross L in front of R, Step R to R side while swaying R, Sway L to L

12 COUNT TAG after Wall 6 – ends (3:00) STEP R, CROSS ROCK, CHASSE 1/4 L, 1/2 PIVOT L, 1/4 L CHASSE R, HOLD, BALL STEP, HOLD, SIDE TOGETHER
1 - 3 Step R to R side, Cross rock L in front of R, Recover on R
4 & 5 Step L to L side, Step R beside L, Turn 1/4 L step L fwd (12:00)
6 - 7 Step fwd on R, Turn 1/2 L step L fwd (6:00)
8 & 1 Turn 1/4 L step R to R side, Step L beside R, Step R to R side (3:00)
2 & 3 HOLD, Step L beside R, Step R to R side
4 & HOLD, Step L beside R (Step R til R side to start the dance again – 4 & 1 becomes a chasse to the right)

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