

The Picture

拍數: 88 牆數: 2 級數: Phrased Intermediate
編舞者: Bruno Penet (FR) - June 2020
音樂: The Picture - Steve Moakler : (CD: Blue Jeans - 2019)



SEQUENCE : A – A – B – A(8 Count) – A – B – A(8 Count) – A2 – A – Final

PART A: 32 counts

SECT 1 : [HEEL DIAGONAL RIGHT, STEP BEHIND, HEEL DIAGONAL RIGHT, STEP FWD, ½ TURN RIGHT] X 2

- 1&2 Right Heel Forward diagonal Right, Cross Left Behind Right, Right Heel Forward diagonal Right
- 3&4 Step Left Forward, Pivot ½ Turn Right, Step Left Forward (6 :00)
- 5&6 Right Heel Forward diagonal Right, Cross Left Behind Right, Right Heel Forward diagonal Right
- 7&8 Step Left Forward, Pivot ½ Turn Right, Step Left Forward (12 :00)

SECT 2 : ROCK FWD, STEP ½ TURN RIGHT, ROCK FWD, STEP ½ TURN LEFT, FULL TURN, STEP SIDE, POINT BEHIND X2

- 1&2 Rock Forward on Right, Recover on Left, ½ Turn Right & Step Right Forward (6 :00)
- 3&4 Rock Forward on Left, Recover on Right, ½ Turn Left & Step Left Forward (12 :00)
- 5-6 ½ Turn Left & Step Right Back (with Hook Left behind) (6 :00), ½ Turn Left & Step Left Forward (with Hook Right Behind) (12 :00)
- 7-8& Large Step Right to Right Side, Touch Left Toe Behind Right 2 Times

SECT 3 : WEAVE TO LEFT, ¼ TURN LEFT & ROCK, STEP ½ TURN LEFT, WEAVE TO RIGHT, ¼ TURN RIGHT & ROCK, STEP ½ TURN HOOK BACK

- 1&2& Step Left to Left Side, Cross Right Behind Left, Step Left to Left Side, Cross Right Over Left
- 3&4 ¼ Turn Left & Rock Forward on Left (9 :00), Recover on Right, ½ Turn Left & Step Left Forward (3 :00)
- 5&6& Step Right to Right Side, Cross Left Behind Right, Step Right to Right Side, Cross Left Over Right
- 7&8 ¼ Turn Right & Step Right Forward (6 :00), Recover on Left, ½ Turn Right & Hook Right Behind Left (12 :00)

SECT 4 : SKATE BACK RIGHT & LEFT, SCISSOR STEP, SKATE BACK LEFT & RIGHT, SCISSOR STEP

- 1-2 Shake Right Back Diagonal Right, Shake Left Back Diagonal Left
- 3&4 Step Right to Right Side, Step Left Beside Right, Cross Right Over Left
- 5-6 Shake Left Back Diagonal Left, Shake Right Back Diagonal Right
- 7&8 Step Left to Left Side, Step Right Beside Left, Cross Left Over Right

PART B: 32 counts

SECT 1 : TOE STRUT FWD RIGHT & LEFT, KICK/HOOK/KICK/BRUSH, ½ TURN TOE STRUT, ½ TURN TOE STRUT, ROCK BACK, SCUFF

- 1&2& Step Forward on Right Toe, Drop Heel, Step Forward on Left Toe, Drop Heel
- 3&4& Kick Right Forward, Hook Right Over Left, Kick Right Forward, Brush Right Back
- 5&6& Touch Right Toe Back, ½ Turn Right & Drop Heel (6 :00), Step Left Toe Forward, ½ Turn Right & Drop Heel (12 :00)
- 7&8 Rock Right Back, Recover Left, Scuff Right Beside Left

SECT 2 : FULL TURN JAZZ BOX, ROCK BACK STOMP UP, ROCK BACK TOUCH, TOUCH SIDE/TOGETHER/SIDE, HOOK BEHIND

- 1&2& ¼ Turn Left & Jump Cross Right Over Left (9 :00), Recover On Left (With Kick Right Forward), ½ Turn Left & Step Right Beside Left (With Kick Left Forward) (3 :00), ¼ Turn Left & Jump Cross Left Over Right (12 :00)
- 3&4 Rock Back on Right, Recover on Left, Stomp Up Right Beside Left
- 5&6 Rock Back on Right, Recover on Left, Touch Toe Right Beside Left
- 7&8& Touch Right Toe on Right Side, Touch Right Toe Beside Left, Touch Right Toe on Right Side, Hook Right Behind Left

SECT 3 : SIDE ROCK CROSS, ¼ ROCK, STEP ¼ TURN LEFT, TOUCH SIDE / STEP FWD, TOUCH SIDE/ FWD/SIDE, STEP BACK, TOUCH SIDE / STEP BACK

- 1&2 Rock on Right to Right Side, Recover Left, Cross Right Over Left
- 3&4 ¼ Turn Left & Rock Left Forward (9 :00), Recover Right, ¼ Turn Left & Step Left Forward (6 :00)
- 5&6& Touch Right Toe on Right Side, Step Right Forward, Touch Left Toe on Left Side, Touch Left Toe Forward
- 7&8& Touch Left Toe on Left Side, Step Back on Left, Touch Right Toe on Right Side, Step Back on Right

SECT 4 : HEEL STRUT, [KICK/STOMP, SWIVEL HEEL / SWIVEL HEELS] RIGHT & LEFT, KICK, STOMP

- 1&2& Touch Left Heel Forward, Drop Left, Kick Right Forward, Stomp Right Forward
- 3&4& Swivel Right Heel to Right, Back to Center, Swivel Right Heel to Right & Left Heel to Left, Back to Center
- 5&6& Kick Left Forward, Stomp Left Forward, Swivel Left Heel to Left, Back to Center
- 7&8& Swivel Left Heel to Left & Right Heel to Right, Back to Center, Kick Left Forward, Stomp Left Forward

PART A2: 24 counts

SECT 1 : [HEEL DIAGONAL RIGHT, STEP BEHIND, HEEL DIAGONAL RIGHT, STEP PIVOT TURN RIGHT] X 2

- 1&2 Right Heel Forward diagonal Right, Cross Left Behind Right, Right Heel Forward diagonal Right
- 3&4 Step Left Forward, Pivot ½ Turn Right, Step Left Forward (6 :00)
- 5&6 Right Heel Forward diagonal Right, Cross Left Behind Right, Right Heel Forward diagonal Right
- 7&8 Step Left Forward, Pivot ½ Turn Right, Step Left Forward (12 :00)

SECT 2 : ROCK FWD, STEP ½ TURN RIGHT, ROCK FWD, STEP ½ TURN LEFT, FULL TURN, STEP SIDE, POINT BEHIND X2

- 1&2 Rock Forward on Right, Recover on Left, ½ Turn Right & Step Right Forward (6 :00)
- 3&4 Rock Forward on Left, Recover on Right, ½ Turn Left & Step Left Forward (12 :00)
- 5-6 ½ Turn Left & Step Right Back (with Hook Left behind) (6 :00), ½ Turn Left & Step Left Forward (with Hook Right Behind) (12 :00)
- 7-8& Large Step Right to Right Side, Touch Left Toe Behind Right 2 Times

SECT 3 : WEAVE TO LEFT, ¼ TURN LEFT & ROCK, POINT BEHIND, PIVOT ¾ TURN LEFT, HOLD X2

- 1&2& Step Left to Left Side, Cross Right Behind Left, Step Left to Left Side, Cross Right Over Left
- 3-4 ¼ Turn Left & Rock Forward on Left (9 :00), Recover on Right
- 5-6 Touch Left Toe Behind Right, ¾ Turn Left & Drop Heel (12 :00)
- 7-8 Hold, Hold

FINAL

SECT 1 : TOE STRUT FWD RIGHT & LEFT, KICK/HOOK/KICK/BRUSH, ½ TURN TOE STRUT, ½ TURN TOE STRUT, ROCK BACK, STOMP UP

- 1&2& Step Forward on Right Toe, Drop Heel, Step Forward on Left Toe, Drop Heel
- 3&4& Kick Right Forward, Hook Right Over Left, Kick Right Forward, Brush Right Back

5&6& Touch Right Toe Back, ½ Turn Right & Drop Heel (6 :00), Step Left Toe Forward, ½ Turn Right & Drop Heel (12 :00)

7&8 Rock Right Back, Recover Left, Stomp Up Right Beside Left

SECT 2 : SKATE BACK RIGHT & LEFT, SCISSOR STEP, SKATE BACK LEFT & RIGHT, SCISSOR STEP

1-2 Skake Right Back Diagonal Right, Shake Left Back Diagonal Left

3&4 Step Right to Right Side, Step Left Beside Right, Cross Right Over Left

5-6 Skake Left Back Diagonal Left, Shake Right Back Diagonal Right

7&8 Step Left to Left Side, Step Right Beside Left, Cross Left Over Right

SECT 3 : TOE STRUT FWD RIGHT & LEFT, KICK/HOOK/KICK/BRUSH, ½ TURN TOE STRUT, ½ TURN TOE STRUT, ROCK BACK, STOMP UP

1&2& Step Forward on Right Toe, Drop Heel, Step Forward on Left Toe, Drop Heel

3&4& Kick Right Forward, Hook Right Over Left, Kick Right Forward, Brush Right Back

5&6& Touch Right Toe Back, ½ Turn Right & Drop Heel (6 :00), Step Left Toe Forward, ½ Turn Right & Drop Heel (12 :00)

7&8 Rock Right Back, Recover Left, Stomp Up Right Beside Left

SECT 4 : STOMP FWD, SWIVEL HEEL

&1-2 Stomp Right Forward, Swivel Right Heel To Right, Back To Center

REPEAT

par Challenge Boy – CRAZY DANCERS OF COUNTRY MUSIC

Site : <http://challengeboy.free.fr/>
