

Slowing Down

拍數: 32 牆數: 4 級數: Low Intermediate
編舞者: Dan Albro (USA) - August 2020
音樂: Slow Down - Gone West



Intro: 32 counts

(*1 easy Tag at the end of wall 4 facing 12:00)

[1-8] STEP, SWEEPING BRUSH, STEP, SWEEPING BRUSH, JAZZ BOX

1,2,3,4 Step fwd R, swing L out and brush fwd, step fwd L, swing R out and brush fwd
5,6,7,8 Cross R over L, step back L, step side R, step fwd L

[9-16] STEP SIDE, TOUCH, STEP SIDE, TOUCH, SIDE, TOGETHER, SIDE, TOUCH

1,2,3,4 Step side R, touch L next to R (clap), step side L, touch R next to L (clap)
5,6,7,8 Step side R, step L next to R, step side R, touch L next to R

[17-24] VINE LEFT, ¼ TURN, BRUSH, ROCK, ½ TURN, STEP, HOLD

1,2,3,4 Step side L, cross R behind L, turn ¼ left stepping fwd L, brush R fwd 9:00
5,6,7,8 Rock fwd R, replace weight L, turn ½ right stepping fwd R, hold 3:00

[25-32] STEP, ½ PIVOT, STEP, HOLD, ROCKING CHAIR

1,2,3,4 Step fwd L, pivot ½ right (weight on R), step fwd L, hold 9:00
5,6,7,8 Rock fwd R, replace weight L, rock back R, replace weight L

***TAG: At the end of wall 4 facing 12:00 add this 8 count tag when dancing to "Slow Down"**

1-8 Step fwd R, hold, pivot ½ left, hold, step fwd R, hold, pivot ½ left, hold
