

AB Knockin' Boots

拍數: 32 牆數: 4 級數: Ultra Beginner
編舞者: Eleonor Halsius (SWE) - August 2020
音樂: Knockin' Boots - Luke Bryan



Intro Counts: Start dance as soon that the music start.
(For new beginners: During practice beginners start at 64 count)

STEP FORWARD - TAP TOE BESIDE x4 WITH FINGER SNAPS

- 1-2 Step forward with Rt foot - Tap Lt toe beside Rt foot and snap your fingers
- 3-4 Step forward with Lt foot - Tap Rt toe beside Lt foot and snap your fingers
- 5-6 Step forward with Rt foot - Tap Lt toe beside Rt foot and snap your fingers
- 7-8 Step forward with Lt foot - Tap Rt toe beside Lt foot and snap your fingers

Options for count 2,4,6,& 8: Scuff forward but make sure it's heard when the heel hits the floor.

STEP BACKWARDS - TAP TOE BESIDE X4

- 1-2 Step backwards with Rt foot - Tap Lt toe beside Rt foot and snap your fingers
- 3-4 Step backwards with Lt foot - Tap Rt toe beside Lt foot and snap your fingers
- 5-6 Step backwards with Rt foot - Tap Lt toe beside Rt foot and snap your fingers
- 7-8 Step backwards with Lt foot - Tap Rt toe beside Lt foot and snap your fingers

Options for count 2,4,6 & 8: Stomp the heel in the floor

(RT)SIDE - TOGETHER - SIDE - TOUCH, (LT) SIDE - TOGETHER - ¼ TURN LEFT - TOUCH

- 1-2 Step Rt foot to Rt side - Step Lt foot beside Rt foot.
- 3-4 Step Rt foot to Rt side - Touch Lt toe beside Rt foot.
- 5-6 Step Lt foot to Lt side - Step Rt foot beside Lt foot.
- 7-8 Step forward with Lt foot while turning ¼ to Lt - Touch Rt toe beside Lt foot.

Options: Count 1-4 vine with scuff, count 5-6 vine ¼ turn with a scuff or hold

V-STEP WITH CLAP

- 1-2 Step Rt foot forward diagonally to the Rt - Touch Lt toe beside Rt foot and clap your hands.
- 3-4 Step Lt foot backwards diagonally to the Lt - Touch Rt toe beside Lt foot and clap your hands.
- 5-6 Step Rt foot backwards diagonally to the Rt - Touch Lt toe beside Rt foot and clap your hands.
- 7-8 Step Lt foot forward diagonally to the Lt - Touch Rt toe beside Lt foot and clap your hands

Option on count 5.-6: Turn the body diagonally backwards and make a pat in the direction of the floor

Repeat - Enjoy !

Last Update - 13 Oct. 2020