AB One Fool



拍數: 32 牆數: 4 級數: Ultra / Beginner

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音樂: One Fool On A Stool (Green Snakes) - Zona Jones



Intro Counts: 64

(Rt)STEP FW – (Lt) KICK FW – (Lt) STEP BW – (Rt) TOUCH ACROSS (Repeat this 4 counts)

1-2 Step forward with Rt foot – Kick Lt foot forward.

3-4 Step backwards with Lt foot – Touch Rt toe across Lf foot (right foot on the left side of the left

foot)

5-6 Step forward with Rt foot – Kick Lt foot forward.

7-8 Step backwards with Lt foot – Touch Rt toe across Lf foot (right foot on the left side of the left

foot)

(Rt) STEP FW – (L) TOG – (Rt) STEP FW – (Lt) KICK FW – (Lt) STEP BW – (Rt) TOG – (Lt) STEP FW – (Rt) TOUCH

1-2 Step forward with Rt foot – Step Lt foot beside Rt foot.

3-4 Step forward with Rt foot – Kick Lt foot forward.

5-6 Step backwards with Lt foot – Step Rt foot beside Lt foot.

7-8 Step backwards with Lt foot – Touch Rt toe beside Lt foot.

(Rt)SIDE – (Lt) KICK ACROSS (Rt) – (Lt) SIDE – (Rt) KICK ACROSS (Lt)– (Rt) SIDE- (Lt) TOG (Rt) SIDE – (Lt) KICK ACROSS (Rt)

1-2 Step Rt foot to Rt side – Kick Lt across Rt.

3-4 Step Lt foot to Lt side – Kick Rt across Lt.

5-6 Step Rt foot to Rt side – Step Lt foot beside Rt foot.

7-8 Step Rt foot to Rt side – Kick Lt across Rt.

(Lt) SIDE - (Rt) KICK ACROSS - (Rt) SIDE - (Lt) KICK ACROSS - (Lt) VINE 1/4 TURN - TOUCH

1-2 Step Lt foot to Lt side – Kick Rt across Lt.

3-4 Step Rt foot Rt side – Kick Lt across Rt.

5-6 Step Lt foot to Lt side – Step Rt foot beside Lf foot.

7-8 Turn ¼ to left while taking a step forward with Lt– Touch Rt toe beside Lt foot.

Repeat – Enjoy!