

# AB One Fool

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Ultra / Beginner  
編舞者: Eleonor Halsius (SWE) - August 2020  
音樂: One Fool On A Stool (Green Snakes) - Zona Jones



## Intro Counts: 64

### (Rt)STEP FW – (Lt) KICK FW – (Lt) STEP BW – (Rt) TOUCH ACROSS (Repeat this 4 counts)

- 1-2            Step forward with Rt foot – Kick Lt foot forward.  
3-4            Step backwards with Lt foot – Touch Rt toe across Lf foot (right foot on the left side of the left foot)  
5-6            Step forward with Rt foot – Kick Lt foot forward.  
7-8            Step backwards with Lt foot – Touch Rt toe across Lf foot (right foot on the left side of the left foot)

### (Rt) STEP FW – (L) TOG – (Rt) STEP FW – (Lt) KICK FW – (Lt) STEP BW – (Rt) TOG – (Lt) STEP FW – (Rt) TOUCH

- 1-2            Step forward with Rt foot – Step Lt foot beside Rt foot.  
3-4            Step forward with Rt foot – Kick Lt foot forward.  
5-6            Step backwards with Lt foot – Step Rt foot beside Lt foot.  
7-8            Step backwards with Lt foot – Touch Rt toe beside Lt foot.

### (Rt)SIDE – (Lt) KICK ACROSS (Rt) – (Lt) SIDE – (Rt) KICK ACROSS (Lt)– (Rt) SIDE- (Lt) TOG (Rt) SIDE – (Lt) KICK ACROSS (Rt)

- 1-2            Step Rt foot to Rt side – Kick Lt across Rt.  
3-4            Step Lt foot to Lt side – Kick Rt across Lt.  
5-6            Step Rt foot to Rt side – Step Lt foot beside Rt foot.  
7-8            Step Rt foot to Rt side – Kick Lt across Rt.

### (Lt) SIDE – (Rt) KICK ACROSS – (Rt) SIDE – (Lt) KICK ACROSS –(Lt) VINE ¼ TURN - TOUCH

- 1-2            Step Lt foot to Lt side – Kick Rt across Lt.  
3-4            Step Rt foot Rt side – Kick Lt across Rt.  
5-6            Step Lt foot to Lt side – Step Rt foot beside Lf foot.  
7-8            Turn ¼ to left while taking a step forward with Lt– Touch Rt toe beside Lt foot.

Repeat – Enjoy !