

Gotta Work For It

COPPER **KNOB**
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Liz Atkinson (USA) - August 2020
音樂: Work for It - Daphne Willis & LÒNIS



#32 count introduction

S1: (R) SIDE, TGTHR, SIDE, TGTHR, SIDE, TOUCH, (L) SIDE, TGTHR, SIDE, TGTHR, SIDE, TOUCH

1, 2 Step RF to R side, step LF beside RF
3 & 4 & Step RF to R side, step LF beside RF, step RF to R side, touch LF beside RF
5, 6 Step LF to L side, step RF beside LF
7 & 8 & Step LF to L side, step RF beside LF, step LF to L side, touch RF beside LF (12:00)

Restart here on wall 3

S2: BK LUNGE, COLLECT, BK LUNGE, COLLECT, TRAVELING TWISTS R, TRAVELING TWISTS L

1, 2 Place RF back keeping weight on LF & bending L knee slightly, collect RF beside LF
3, 4 Place LF back keeping weight on RF & bending R knee slightly, collect LF beside RF
5 & 6 With weight on both balls twist both heels to R, weight both heels and twist both toes to R, weight both balls and twist heels to R
7 & 8 With weight on both balls twist both heels to L, weight both heels and twist both toes to L, weight both balls and twist heels to L (12:00)

S3: SYNCOPATED K-STEP TURNING 1/4L, BRUSH, STEP, KICK, COASTER STEP

1 & 2 & Step RF diagonal fwd, touch LF beside RF, step LF diagonal bk, touch RF beside LF
3 & 4 & Step RF diagonal bk, touch LF beside RF, turning 1/4 L (9:00) step LF fwd, brush RF
5, 6 Step RF fwd, kick LF fwd
7 & 8 Step LF bk, step RF beside LF, step LF fwd (9:00)

S4: STEP, 1/2 PIVOT L, STEP-LOCK-STEP, STEP, 1/2 PIVOT R, STEP-LOCK-STEP

1, 2 Step RF fwd, pivot 1/2L (3:00)
3 & 4 Step RF fwd, lock LF behind RF, step RF fwd
5, 6 Step LF fwd, pivot 1/2R (9:00)
7 & 8 Step LF fwd, lock RF behind LF, step LF fwd (9:00)

***RESTART* When starting wall 3 (6:00) dance first 8 counts and start again**

***ENDING* Wall 7, end of S3 (coaster step 3:00) turn 1/4L and step RF to R (12:00)**

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