

# Lockdown Reel

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Charlie Bowring (UK) - August 2020  
音樂: Guise of Tough - Iona Fyfe



(Intro: 32 Counts) Fade out around 3min 20 secs

Alternative Music: Whirl-Y-Reel (Bear and Sandals Mix), by Afro Celt Sound System (Intro: 64 Counts)

A massive thanks to Jeni "Boogie Boots" Bradshaw for the music suggestion Guise of Tough, by Iona Fyfe, this is such a catchy track and I fell in love with instantly.

This dance is dedicated to Billy Curtis and team at ELD who has provided a massive amount of support to the line dance industry throughout the 2020 Covid-19 lockdown.

## RIGHT LOCK, & STEP DRAG, ROCK RIGHT FORWARD, RECOVER, SIDE, RECOVER

- 1-2      Step right diagonally forward, lock left up behind right
- &      Step in place on ball of right
- 3-4      Step left diagonally forward, drag right up to left
- 5-6      Step forward on ball of right, recover weight on to left
- 7-8      Step side on ball of right, recover weight on to left

## BEHIND ¼ FORWARD, HEEL & TOE & HEEL & HEEL & TOE & HEEL

- 1&2      Step right behind left, step on left making ¼ turn left, step forward on right
- 3&4&      Touch left heel forward, step down on ball of left, tap right toe behind left heel, step down on ball of right
- 5&6&      Touch left heel forward, step down on ball of left, touch right heel forward, step down on ball of right
- 7&8&      Touch left toe behind right heel, step down on ball of left, touch right heel forward, step down on ball of right

Choreographers note: Toe heel steps should be fluid like rocks rather than switch steps)

## STEP LEFT FORWARD, PIVOT ½ RIGHT, SHUFFLE ½ TURN RIGHT, BACK DRAG & LEFT STEP, PIVOT ¼ LEFT

- 1-2      Step left forward, pivot ½ turn right
- 3&4      Shuffle ½ turn right stepping: left, right, left
- 5-6      Step a big step back on right, drag left towards right
- &7-8      Step left next to right, Step right forward, pivot ¼ turn left

## RIGHT CROSS, SIDE, SAILOR, CROSS, ¼, LEFT BACK, DRAG RIGHT

- 1-2      Step right across left, step left to side
- 3&4      Step right behind left, step out left, step out right
- 5-6      Step left across right, step back on right making ¼ turn left
- 7-8      Step left back, drag right towards left

## SYNCPATED STEP TOUCHES MAKING ½ TURN RIGHT

- &a      Brush right, step slightly side on ball of right
- 33      Touch left toe across right
- 34      Hold for 1 beat of music
- &a      Brush left, step slightly side on ball of left (making ¼ turn right)
- 35      Touch right toe to left instep
- 36      Hold for 1 beat of music
- &a37-40      Repeat &a33-36

**CHASSE RIGHT, CROSS, UNWIND FULL TURN, SYNCOPATED WEAVE LEFT**

- 1&2 Step right to side, step left up to right, step right to side  
3-4 Cross left over right, unwind full turn right taking weight on to right  
5-6 Step left to side, step right behind left  
&7-8 Step down on ball of left, step right across left, step left to side.

**SAILOR ¼ RIGHT (X2) SAILOR STEP, LEFT CROSS RIGHT SIDE**

- 1&2 Step right behind left (making ¼ turn right), step out left, right  
3&4 Step left behind right (making ¼ turn right), step out right, left  
5&6 Step right behind left step out left, right  
7-8 Step left over right, step right to side

**LEFT BEHIND RECOVER ¼ RIGHT, ½ RIGHT, STEP PIVOT ½ RIGHT, STEP DRAG**

- 1-2 Step left behind right, recover on to right  
3-4 ¼ turn right stepping back left, ½ turn right stepping forward right  
5-6 Step left forward, pivot ½ turn right  
7-8 Step left forward, drag right

**TAG: 6 count tag end of wall 3 (When using Guise of Tough)****RIGHT LOCK, & STEP DRAG, ROCK RIGHT FORWARD, RECOVER, STOMP, STOMP**

- 1-2 Step right diagonally forward, lock left up behind right  
& Step in place on ball of right  
3-4 Step left diagonally forward, drag right up to left  
5-6 Stomp right slightly forward, Stomp left beside right
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