

Everybody

拍數: 64 牆數: 2 級數: Improver
編舞者: Andre Adhitama Rizal (INA) - August 2020
音樂: CELEBRATE - Black Eyed Peas



Start dance on vocal (16 Counts)

SEQUENCE : A B A A - A B A A - A (Restart) A A B
Restart Part A (after 16 counts)

PART. A-32 Counts

SECTION A.I. SIDE ROCK-RECOVER-TOGETHER (X2 RL)-ROCK FORWARD-RECOVER-TOGETHER-LOCK SHUFFLE

1 - 2& Step R to side, Recover on L, Step R together
3 - 4& Step L to side, Recover on R, Step L together
5 - 6& Step R rock forward, Recover on L, Step R together
7 & 8 Step L forward, Lock R behind L, Step L forward

SECTION A.II. POINT-TOGETHER-POINT-TOGETHER-POINT-HITCH-POINT-JAZZBOX TURN-FORWARD-TOUCH

1 & 2 Point R to side, Step R together, Point L to side
&3&4 Step L together, Point R to side, Hitch R, Point R to side
5 & 6 Cross R over L, Turn 1/4 right Step L back (03:00), Step R to side
7 - 8 Step L forward with body roll, Touch R beside L

RESTART HERE...

SECTION A.III. BACK LOCK SHUFFLE (X2 RL)-COASTER STEP-LOCK SHUFFLE

1 & 2 Step back on R, Cross L over R, step back on R
3 & 4 Step back on L, Cross R over L, step back on L
5 & 6 Step back on R, Step L beside R, Step R forward
7 & 8. Step L forward, Lock R behind L, Step L forward

SECTION A.IV. JAZZBOX TURN-V STEP WITH SHIMMY

1 - 2 Cross R over L, Turn 1/4 right Step back on L (06:00)
3 - 4 Step R to side, Step L Together
5 - 6 Step R diagonally Forward, Step L diagonally Forward
7 - 8 Step Back on R to Centre, Step L together

PART.B - 32 Counts

SECTION B.I. SIDE-TOUCH-SIDE-TOUCH-SIDE-TOGETHER-SIDE TOUCH (X2 R L)

1 & 2 Step R to side, Touch L beside R, Step L to side
&3&4 Touch R beside L, Step R to side, Step L together, Step R to side
&5&6 Touch L beside R, Step L to side, Touch R beside L, Step R to side, Touch L beside R, Step L to side, Step R together, Step L to side
&7&8 Touch L beside R, Step L to side, Step R together, Step L to side

SECTION B.II. HIPS X4 ((FORWAR & BACK)-CHUCK X3-TOUCH

1 - 2 Hips push to forward, Hips to back
3 - 4 Hips push to forward, Hips to back
5 - 6 R Chug fwd, R Chug 1/8 left (4:30)
7 - 8 R Chug 1/8 right (12.00), touch R beside L

SECTION B. III. REPEAT SECTION.B.I

SIDE-TOUCH-SIDE-TOUCH-SIDE-TOGETHER-SIDE TOUCH (X2 R L)

- 1 & 2 Step R to side, Touch L beside R, Step L to side
- &3&4 Touch R beside L, Step R to side, Step L together, Step R to side
- &5&6 Touch L beside R, Step L to side, Touch R beside L, Step R to side, Touch L beside R, Step L to side, Step R together, Step L to side
- &7&8 Touch L beside R, Step L to side, Step R together, Step L to side

SECTION B. IV. REPEAT SECTION.B.II

HIPS X4 ((FORWAR & BACK)-CHUCK X3-TOUCH

- 1 - 2 Hips push to forward, Hips to back
- 3 - 4 Hips push to forward, Hips to back
- 5 - 6 R Chug fwd, R Chug 1/8 left (10:30)
- 7 - 8 R Chug 1/8 right (6.00), touch R beside L

ENDING :

SIDE-HEEL BOUNCES X7

- 1 Step R to sid
- 2-8 Raise heel 7 times up and down (weight on L) with styling your hand (12:00)

Enjoy Your Dance

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Last Update – 1 Sept. 2020
