

Merah Putih

拍數: 96
編舞者: Via Sylvia (INA) - August 2020
音樂: Bendera - Cokelat

牆數: 1

級數: Phrased Improver



Sequence : A A A(16C) A A B C C B A (8) A(16) A A B C C B B(4C)
Intro : 48C (on lyric)

PART A: 32 counts

A1 WAVE L/R

1-4 Cross RF over LF – step LF to L side – step RF behind LF – flick LF with clap
5-8 Cross LF over RF – step RF to R side – step LF behind RF – touch RF beside LF

A2 SIDE TOUCH R/L – JAZZ BOX

1-4 step RF to R side – touch LF to L side – step LF to L side – touch RF to R side
5-8 cross RF over LF – step LF back – step RF to R side – step LF forward

A3 FORWARD DIAGONAL R/L

1-4 step RF diagonal R forward – step LF beside RF – step RF diagonal R forward – touch LF beside RF with clap
5-8 step LF diagonal L forward – step RF beside LF – step LF diagonal L forward – touch RF beside LF with clap

A4 BACK DIAGONAL R/L

1-4 step RF diagonal R back – step LF beside RF – step RF diagonal R back – touch LF beside RF with clap
5-8 step LF diagonal L back – step RF beside LF – step LF diagonal L back – touch RF beside LF with clap

PART B: 32 counts

B1 SYNCOPATED MAMBO R/L

1&2&3&4 step RF forward – recover on LF – step RF to R side – recover on LF – step RF behind LF – recover on LF – step RF beside LF
5&6&7&8 step LF forward – recover in RF – step LF to L side – recover on RF – step LF behind RF – recover on RF – step LF beside RF

B2 ½ RHUMBA BOX R – MAMBO TURN ½ L/R

1&2 step RF to R side – step LF beside RF – step RF forward
3&4 step LF to L side – step RF beside LF – step LF forward
5&6 step RF forward – turn ½ L recover on LF – step RF forward (06.00)
7&8 step LF forward – turn ½ R recover on RF – step LF forward

B3 V STEP TWICE

1-4 step RF to R diagonal forward – step LF to L diagonal forward – step RF back to centre – step LF beside RF
5-8 repeat V step

B4 JAZZ BOX TWICE

1-4 cross RF over LF – step LF back – step RF to R side – step LF forward
5-8 repeat jazz box

PART C: 32 counts

C1 WALK FORWARD HICHTH – BACK WALK TOUCH

1-4 step RF forward – step LF forward – step RF forward – hitch LF

5-8 step LF back – step RF back – step LF back – touch RF to R side

C2 REPEAT C1

C3 CROSS TOUCH R/L – BACK TOUCH R/L

1-4 cross RF over LF – touch LF to L side – cross LF over RF – touch RF to R side

5-8 step RF behind LF – touch LF to L side – step LF behind RF – touch RF beside LF

C4 VINE R/L

1-4 step RF to R side – step LF behind RF – step RF to R side – touch LF beside RF

5-8 step LF to L side – step RF behind LF – step LF to L side – touch RF beside LF
