

Island Boy

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Phrased Improver
編舞者: Jenny Murray (SA) - July 2020
音樂: Island Boy - Mango Groove : (iTunes)



Introduction: 16 counts.

Sequence: A,B, A,B, TAG 1, A,B, A,B,B TAG 2 A,A, B, A,B, A,A,

PART A (32 counts)

PART I. (SIDE, CROSS SHUFFLE, SIDE SHUFFLE, BEHIND SIDE CROSS, ROCK & CROSS)

1,2&3 Step R to R side, Cross L over R, Step R to the side, Cross L over R.
4&5 Step R to R, Step L next to R, Step R to R
6&7 Step L behind R, Step R to R, Cross L over R
8&1 Rock to the side on R, Recover on L, Cross R over L

PART II. (SIDE SHUFFLE, BEHIND SIDE CROSS, SIDE ROCK & CROSS, ¼ ¼ L & CROSS)

2&3 Step L to L, Step R next to L, Step L to L side
4&5 Cross R behind L, Step L to L, Cross R over L,
6&7 Rock to the side on L, Recover on R, Cross L over R
8&1 Step back ¼ turn to L on R, Step ¼ turn to L on L, Cross R over L (6:00)

PART III. (SIDE SHUFFLE, BACK SHUFFLE, BACK SHUFFLE, ROCK RECOVER)

2&3 Step L to L, Step R next to L, Step L to L side
4&5 Step back on R, Step L next to R, Step back on R
6&7 Step back on L, Step R next to L, Step back on L
8& Rock back on R, Recover weight on L

PART IV. (STEP TOUCH WITH SHIMMIES X 2, JAZZ BOX WITH CROSS)

1,2 Step forward on R, Touch L to the side, shimmy the shoulders.
3,4 Step forward on L, touch R to the side, shimmy the shoulders (6:00)
5,6,7,8 Cross R over L, Recover weight on L, Step R to R side, Cross L over R,

PART B (16 counts)

PART I. (1/2 TURN R WITH LOCK STEPS, FORWARD MAMBO, BACK MAMBO)

1&2& Step R 1/8 to R, Step L next to R heel, Step R 1/8 to R, Step L next to R heel, (9:00)
3&4 Step R 1/8 to R, Step L next to R heel, Step R 1/8 to R (12:00)
5&6 Step L Forward, Recover weight on to R, Step L next to R,
7&8 Step R to Back, Recover weight on to L, step R next to L

PART I. ((1/2 TURN L WITH LOCK STEPS, FORWARD MAMBO, SIDE MAMBO)

1,2&3 Step L 1/8 to L, Step R next to L heel, Step L 1/8 to L, Step R next to L heel, (3:00)
3&4 Step L 1/8 to L, Step R next to L heel, Step L 1/8 to L (6:00)
5&6 Step R Forward, Recover weight on to L, Step R next to L,
7&8 Step L to L side, Recover weight on to R, step L next to R

TAG 1: Sway to the R, Sway to the L

TAG 2: Sway to the R, Sway to the L, Sway to the R, Sway to the L