

Misyu

拍數: 32 牆數: 4 級數: Phrased Improver
編舞者: Silvi Laurent (INA) - August 2020
音樂: Aku Rindu - Dorkas : (Official Video Nagaswara)



Tags: 1, 2, 3

Sequences: AA AA B AA Tag1 AA Tag2 AA B AA AA Tag3 AA

Part A (16 Count)

A1: BASIC NC - FORWARD - FORWARD ROCK - WALK BACKWARD - SWAY

1-2-& Step R to right side, Cross L behind R, Step R in place
3-4-& Step L forward, Step R forward, Recover On L
5-6 Step R backward, Step L backward
7-8-& Step R to right side, Recover on L with hips, Recover on R

A2. CROSS ROCK - CHASSE - 3/4 UNWIND - SIDE TOUCH - TOUCH OVER

1-2 Cross L over R, Recover on R
3-&-4 Step L to left side, Step R beside L, Step L To Side
5-6. Touch cross R over L with 3/4 turn L sweep L from front to back, Step L back (03.00)
7-8 Touch R to right side, Touch R over L

Part B (8 Count) 2x

B. CROSS (SWEEP) - CROSS - SIDE - CROSS BEHIND (SWEEP) - CROSS BEHIND - PRISSY WALK - PIVOT 1/4

1-2-& Step R cross over L with L sweep to front, Step L cross over R, Step R to right side
3-4-& Step L cross behind R with sweep back, Step R cross behind L, Step L to left side
5-6. Step R forward cross over L, Step L forward Cross Over L
7-8. Step R forward, 1/4 Turn L step L in place

Tag 1 (2 Count) TOUCH

1-2. Touch R to right side, Touch R over L

Tag 2 (4 Count) PIVOT 1/2

1-2. Step R forward, 1/2 Turn L step L in place
3-4. Step R forward, 1/2 Turn L step L in place

Tag 3 (3 Count) HOLD

Optional, U can do SWAY
(L, R, L)

Enjoy the dance

Contact : sylviamotoh@gmail.com