

Phur (Fly)

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Christie Lim (MY) & Peter Reber (SA) - August 2020
音樂: ANU - Phur (Tibetan new song phur 2017) (youTube, shortened, see note at the end)



Intro: 16c+16c (with optional handstyling)

Sequence (short version): 32 32 T1 32 T2 32 32 32 E (music faded out at 2:25)

Tag after wall 2, 3

For handstyling refer to demo video

S1: Heel touches, Side Rock, Recover, Behind, Side, Cross

1 & RF Heel, step together
2 & LF Heel, step together
3 & 1/4 turn R RF Heel, step together
4 & LF Heel, step together (3.00)
5 6 Side rock R, Recover
7 & 8 RF behind, LF side, RF cross

S2: Out, In, Step L, Reverse paddle turn (x2), Kick, Out, Out,

Heel-Toe-Heel-Swivel inwards
1 & 2 Point LF to side, Touch LF next to RF, Step LF left
3 4 1/4 turn R pointing RF to R (keep most of weight on LF), 1/4 turn R stepping RF to R(9.00)
5 & 6 Kick RF fwd, Step RF to R, Step LF to L
7 & 8 Both feet moving closer, Heel (7), Toe (&), Heel (8)

S3: Square box, (Cross rock, Recover, Side/Step) (x2)

1 Step RF to R 1/4 turn L (9.00)
2 LF step L 1/4 turn L (6.00)
3 Step RF to R 1/4 turn L (3.00)
4 Step LF to L (12.00)
5 & 6 RF cross rock, Recover, step RF to R
7 & 8 LF cross rock, Recover, step LF to L

S4: Heel swivels traveling R and L, step, pivot 1/2 turn, Big step, Step together

1 & 2 Heel swivel L, Toe swivel R, Heel swivel L
3 & 4 Heel swivel R, Toe swivel L, Heel swivel R
5 6 RF fwd, 1/2 turn L
7 8 RF big step fwd, step LF next to LF

Tag 1

T1-1: Step right, raise arm

1 Step RF to R
2 3 4 Raise right arm up to overhead over 3 counts (head and eyes look up)

Tag 2

T2-1: Jazzbox

1 2 3 4 Cross RF over LF, Step LF back,, step RF to side, step LF next to RF

Ending

E1: Paddle turn (x4), Pose

1 2 3 4 1/4 Paddles turn L, 1/4 Paddles turn L, 1/4 Paddles turn L, 1/4 Paddles turn L

For any question, including obtaining the shortened music, contact

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