

# Phur (Fly)

拍數: 32      牆數: 2      級數: Improver  
編舞者: Christie Lim (MY) & Peter Reber (SA) - August 2020  
音樂: ANU - Phur (Tibetan new song phur 2017) (youTube, shortened, see note at the end)



Intro: 16c+16c (with optional handstyling)

Sequence (short version): 32 32 T1 32 T2 32 32 32 E (music faded out at 2:25)

Tag after wall 2, 3

For handstyling refer to demo video

## S1: Heel touches, Side Rock, Recover, Behind, Side, Cross

1 &      RF Heel, step together  
2 &      LF Heel, step together  
3 &      1/4 turn R RF Heel, step together  
4 &      LF Heel, step together (3.00)  
5 6      Side rock R, Recover  
7 & 8      RF behind, LF side, RF cross

## S2: Out, In, Step L, Reverse paddle turn (x2), Kick, Out, Out,

Heel-Toe-Heel-Swivel inwards  
1 & 2      Point LF to side, Touch LF next to RF, Step LF left  
3 4      1/4 turn R pointing RF to R (keep most of weight on LF), 1/4 turn R stepping RF to R(9.00)  
5 & 6      Kick RF fwd, Step RF to R, Step LF to L  
7 & 8      Both feet moving closer, Heel (7), Toe (&), Heel (8)

## S3: Square box, (Cross rock, Recover, Side/Step) (x2)

1      Step RF to R 1/4 turn L (9.00)  
2      LF step L 1/4 turn L (6.00)  
3      Step RF to R 1/4 turn L (3.00)  
4      Step LF to L (12.00)  
5 & 6      RF cross rock, Recover, step RF to R  
7 & 8      LF cross rock, Recover, step LF to L

## S4: Heel swivels traveling R and L, step, pivot 1/2 turn, Big step, Step together

1 & 2      Heel swivel L, Toe swivel R, Heel swivel L  
3 & 4      Heel swivel R, Toe swivel L, Heel swivel R  
5 6      RF fwd, 1/2 turn L  
7 8      RF big step fwd, step LF next to LF

## Tag 1

### T1-1: Step right, raise arm

1      Step RF to R  
2 3 4      Raise right arm up to overhead over 3 counts (head and eyes look up)

## Tag 2

### T2-1: Jazzbox

1 2 3 4      Cross RF over LF, Step LF back,, step RF to side, step LF next to RF

## Ending

### E1: Paddle turn (x4), Pose

1 2 3 4      1/4 Paddles turn L, 1/4 Paddles turn L, 1/4 Paddles turn L, 1/4 Paddles turn L

**For any question, including obtaining the shortened music, contact**

**Christie Lim: [chrislimc33@gmail.com](mailto:chrislimc33@gmail.com)**

**Peter Reber: [preber@telkomsa.net](mailto:preber@telkomsa.net)**

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