

One Step Away (Bachata)

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
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音樂: A Un Passo Dalla Luna - Rocco Hunt & Ana Mena



Intro: 16 count intro

[1-8] BACHATA BASIC RIGHT & LEFT

- 1 Step RF to right
- 2 LF together RF
- 3 Step RF to right
- 4 Touch LF together RF lifting L hip
- 5 Step LF to left
- 6 RF together LF
- 7 Step LF to left
- 8 Touch RF together LF lifting R hip

[9-16] FULL TURN RIGHT, ROCK FORWARD, SAILOR WITH ¼ TURN LEFT

- 9 Step RF to right with ¼ turn to the right
- 10 ½ turn clockwise
- 11 ¼ turn to the right stepping RF to right
- 12 Touch LF together RF
- 13 Rock forward LF
- 14 Recover RF
- 15&16 LF cross behind RF with ¼ turn to the left, Step RF together to LF, LF step to left

[17-24] ROCK, CROSS SHUFFLE, ROCK, CROSS SHUFFLE

- 17 RF rock to right
- 18 Recover LF
- 19&20 Cross RF over LF, Step LF to left, Cross RF over LF
- 21 LF Rock left
- 22 Recover RF
- 23&24 Cross LF over RF, Step LF to left, Cross LF over RF

[25-32]: PADDLE ¼ TURN WITH ROLLING HIPS RF X2, JAZZ BOX

- 25 Step forward right foot
- 26 ¼ turn to the left with rolling hips
- 27 Step forward right foot
- 28 ¼ turn to the left with rolling hips
- 29 Cross RF over LF
- 30 LF step backwards
- 31 RF step to right
- 32 LF step together to RF.

Last Update – 28 Aug. 2020