

# Holla At Me

拍數: 32      牆數: 4      級數: Beginner +  
編舞者: Michelle Carfora, Joey Wong & Erika Hempel - July 2020  
音樂: No Scrubs (Iconic Performance) - LOCASH



Count In: when the main vocals start (~0:10, 16 counts)

**[1-8]: Kick cross rock recover x 2, Cross and unwind, Hip bumps**

1&2&      Kick R forward, step R across, step L to side, recover on R  
3&4&      Kick L forward, step L across, step R to side, recover on L  
5, 6      Step across with R, unwind ½ turn left (6:00)  
7, 8      Hip bump, hip bump (weight on R)

**[9-16]: Offset coaster step, Grapevine left, Rock recover w/ ¼ turn, Coaster step**

1&2      Step L behind R, step R beside L, step L to side  
3&4      Cross R behind L, step L to side, cross R in front of L  
5, 6      Step L out with ¼ turn left (3:00), recover on R  
7&8      L back, R together, L forward

**[17-24]: Step pivot ½ turn, Lock step, Body roll, Step back, Touch back**

1, 2      Step R forward, pivot ½ turn left (9:00) w/ weight on L  
3&4      Step R forward, lock L behind R, step R forward  
5, 6      Step L forward w/ body roll, settle back on R  
7, 8      Step L back, touch R back

**[25-32]: Pivot ½ turn, Prep, Full turn, Step & hold, Slide & shoulder bumps**

1      Pivot ½ turn right (3:00) with weight on R  
2      Step L forward  
3, 4      Pivot ½ turn left (9:00), step R back, pivot ½ turn left (3:00), step L forward  
5, 6      Step R beside L, hold (shift weight to R)  
7, 8&      Step L to side and slide R together (through end of count 8), shoulder bump x2

**Tag: Step, Slide, Shoulder Shimmy x 4**

**At the end of Wall 5 you'll be facing 3:00 (musical break, 1:53)**

1, 2, 3      Step R to side, slide L together with R  
&4      Shoulder shimmy  
5, 6, 7      Quarter turn left (12:00), step L to side, slide R together with L  
&8      Shoulder shimmy

1, 2, 3      Quarter turn left (9:00), step R to side, slide L together with R  
&4      Shoulder shimmy  
5, 6, 7      Quarter turn left (6:00), step L to side, slide R together with L  
&8      Shoulder shimmy

**\*Restart from the beginning with kick/cross, facing 6:00**

**Ending: The song ends on the 8th iteration, which you start facing the front wall. At count 17 (step R forward), turn on the step to face the front wall.**