

Polaroid

拍數: 48 牆數: 4 級數: Improver
編舞者: Liz Gardiner (AUS) - August 2020
音樂: Polaroid - Keith Urban : (Album: Single - 2:29)



Start after 16 counts on vocals, weight on left. Direction: CCW - 1 Tag

S1:, DOROTHY R, DOROTHY L, 4x BOOGIE WALKS - RLRL

1, 2, &, Step R forward on R diagonal, Lock step L behind R, Step R forward on R diagonal,
3, 4, &, Step L forward on L diagonal, Lock step R behind L, Step L forward on L diagonal,
5, 6, 7, 8, Boogie walks – stepping fwd on balls of feet in a swivel action – RLRL.

S2:, ROCK FWD, RECOVER, COASTER STEP, ROCK FWD, RECOVER, 1/4 L SHUFFLE

1, 2, 3, &, 4, Rock step R forward, Recover L, Step R back, Step L beside R, Step R forward, (coaster
step),
5, 6, 7, &, 8, Rock step L forward, Recover R, Turn 1/4 L into a side shuffle LRL (9.00),

S3:, CROSS ROCK, RECOVER, SIDE SHUFFLE x 2,

1, 2, 3,&,4, Cross rock R over L, Recover L, Side shuffle RLR,
5, 6, 7,&,8, Cross rock L over R, Recover R, Side shuffle LRL,

S4:, FORWARD, 1/4 L PADDLE x 2, JAZZ BOX

1, 2, 3, 4, Step R forward, 1/4 L paddle, Step R forward, 1/4 L paddle, (3.00)
5, 6, 7, 8, Cross step R over L, Step L back, Step R to R side, Touch L beside R,

S5:, SIDE, TOGETHER, FORWARD SHUFFLE LRL, SIDE, TOGETHER, FORWARD SHUFFLE RLR

1, 2, 3, &, 4, Step L to L side, Step R beside L, Shuffle forward LRL,
5, 6, 7, &, 8, Step R to R side, Step L beside R, Shuffle forward RLR

S6:, ROCK FORWARD, RECOVER, 1/2 L FORWARD, 1/2 R PIVOT x2,

1, 2, 3, 4, Rock L forward, Recover R, Turn 1/2 L stepping L forward, Hold, (9.00),
5, 6, 7, 8, Step R forward, 1/2 L pivot, Step R forward, 1/2 L pivot,

#16c Tag at the end of wall 4. Begin tag at 12.00 restart 6.00

S1:, DOROTHY R, DOROTHY L, 4x BOOGIE WALKS - RLRL

1, 2, &, Step R forward on R diagonal, Lock step L behind R, Step R forward on R diagonal,
3, 4, &, Step L forward on L diagonal, Lock step R behind L, Step L forward on L diagonal,
5, 6, 7, 8, Boogie walks – stepping fwd on balls of feet in a swivel action – RLRL.

S2:, DOROTHY R, DOROTHY L, STEP R FORWARD, PIVOT 1/2 L, TOUCH R BESIDE L, HOLD,

1, 2, &, Step R forward on R diagonal, Lock step L behind R, Step R forward on R diagonal,
3, 4, &, Step L forward on L diagonal, Lock step R behind L, Step L forward on L diagonal,
5, 6, 7, 8, Step R forward, 1/2 pivot L, Touch R beside L, Hold,

Finish the dance on count 17 with a Ta-dah pose!

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Latest Update – 6th August 2020