

Catch

拍數: 32 牆數: 2 級數: High Beginner
編舞者: Laura Rittenhouse (AUS) - August 2020
音樂: Catch - Brett Young



Start after 16 beats with lyrics "feel like this" - No tags, no restarts

S1: QUICK, SHORT VINES RIGHT AND LEFT ON FORWARD DIAGONALS, ROCK RECOVER, FULL TURN

1&2,3&4 Turn 1/8 L stepping R to R diagonal (10:30), Cross L behind R, Step R to R diagonal, Turn 1/4 R stepping L to L diagonal (1:30), Cross R behind L, Step L to L diagonal
5,6,7,8 Turning 1/8 L rock R fwd (12:00), Recover L, Turn 1/2 R stepping R fwd (6:00), Turn 1/2 R stepping L back (12:00) (Turn can be replaced with 2 steps back R, L)

S2: COASTER BACK RIGHT, CROSS ROCKS R & L, TURN L SIDE ROCKS L, R

1&2,3&4 Step back R, Step L beside R, Step R fwd, Cross rock L over R (1:30), Recover R, Cross rock L over R
5&6,7,8 Swivel 1/4 L with cross rock R over L (10:30), Recover L, Cross rock R over L, Turn 1/8 L with side rock L (9:00), side rock R

S3: SAILOR STEPS, JAZZBOX TURN L

1&2,3&4 Cross L behind R, Step R to R, Step L beside R, Cross R behind L, Step L to L, Step R beside L
5,6,7,8 Cross L over R, Step R back, Turn L 1/4 stepping L (6:00), Touch R beside L

S4: STEP R, CROSS L BEHIND, SIDEROCK R,L,R, STEP L, CROSS R BEHIND, SIDEROCK L,R,L

1&2,3,4 Step R to R, Cross L behind R, Side rock R, Side rock L, Side rock R
5&6,7,8 Step L to L, Cross R behind L, Side rock L, Side rock R, Side rock L