

I Don't Need It

拍數: 64 牆數: 2 級數: Improver
編舞者: Cheryl Levin (USA) - August 2020
音樂: I Don't Need It - Jamie Foxx : (amazon.com)



Intro steps (heel fan out and in) start after words "Jamie Foxx" - One Restart on Wall 3

R STEP, TOUCH TOE BEHIND, STEP BACK, HEEL FORWARD, SHUFFLE, ½ TURN

1, 2, 3, 4 R step forward, L touch toe behind, L step back, R heel forward,
5&6, 7, 8 Forward shuffle, R, L, R, ½ turn pivot to R

L STEP, TOUCH TOE BEHIND, STEP BACK, HEEL FORWARD, SHUFFLE, ½ TURN

1, 2, 3, 4 L step forward, R touch toe behind, R step back, L heel forward
5&6, 7, 8 Forward shuffle, L, R, L, ½ turn pivot to L

STEP, HITCH, ½ TURN SHUFFLE, STEP HITCH ½ TURN SHUFFLE

1, 2, 3&4 R step, hitch R knee, ½ turn shuffle to R side, R, L R
5, 6, 7&8 L step, hitch L knee, ½ turn shuffle to L side, L, R, L

4 PADDLE TURNS TO LEFT

1, 2, 3, 4 Step R, paddle turn ¼, step R paddle turn ¼
5, 6, 7, 8 Step R, paddle turn ¼, step R paddle turn ¼

2 FUNKY VINES (STEP, BEHIND, AND HEEL, AND CROSS)

1, 2, &3, &4 Step R to side, step L behind R, step R to side, L heel to L side, step L, cross R over L,
5, 6 &7, &8 Step L to side, step R behind L, step L to side, R heel to R side, step R, cross L over R

REPEAT 2 FUNKY VINES (STEP, BEHIND, AND HEEL, AND CROSS)

1, 2, &3, &4 Step R to side, step L behind R, step R to side, L heel to L side, step L, cross R over L,
5, 6 &7, &8 Step L to side, step R behind L, step L to side, R heel to R side, step R, cross L over R

KICK, STEP, POINT, (4X)

1, 2, 3, 4 Kick R, step on R, point L to side, kick L, step on L, point R to side
5, 6, 7, 8 Kick R, step on R, point L to side, kick L, step on L, point R to side

JAZZ BOX, HEEL FAN

1, 2, 3, 4 Cross R over L, step back on L, step on R to side, cross L in front of R
5, 6, 7, 8 5, 6 Heel fan or knee fan (this equals 64 counts with the intro fan), (7, 8 can be the first 2 steps on next wall.)

This entire sequence is repeated on the back wall.

Any questions? cplevin@gmail.com
Stay safe and healthy, and **KEEP ON DANCING!**