

Staycation

拍數: 32 牆數: 4 級數: Improver
編舞者: Mélanie RIBEIRO (FR) - August 2020
音樂: Staycation - Josh Melton



Intro : start with singing, 16 counts

[1-8] : WALK FORWARD 2x, STEP-LOCK-STEP, ROCK FORWARD, SHUFFLE ½ TURN

1-2 step R forward, step L forward
3&4 step R forward, step L behind R, step R forward
5-6 rock L forward, recover on R
7&8 turn ¼ L stepping side L, step R next to L, turn ¼ L stepping L forward

Restart here on wall 9 (facing 3:00)

[9-16] : ROCK FORWARD, REPLACE & TOE FORWARD, HOLD, HEEL & HEEL & STEP FORWARD, SWEEP TURN ¾ LEFT

1-2& rock R forward, replace weight on L & quickly step R back
3-4& touch L toe forward, hold & quickly step L next to R
5&6& touch R heel forward, quickly step R next to L, touch L heel forward, quickly step L next to R
*
7-8 step R forward and turn ¾ over left sweeping L front to back

***Tag+restart here on wall 4 (facing 9:00) :**

7&8& touch R heel forward, quickly step R next to L, touch L heel forward, quickly step L next to R and restart

[17-24] : BEHIND, SIDE, CROSS, SIDE ROCK ¼ TURN LEFT, SHUFFLE FORWARD, FULL TURN RIGHT

1&2 cross L behind R, step R to R, cross L over R
3-4 rock R to R side, recover making ¼ turn left
5&6 step R forward, step L next to R, step R forward
7-8 step L back making ½ turn right, step R forward making ½ turn right

[25-32] : STEP FORWARD, ¼ PIVOT, CROSS SHUFFLE, SWAY RIGHT, TOUCH, HOLD

1-2 step L forward, pivot ¼ turn right
3&4 cross L in front of R, step R next to L, cross L over R
5-6 step R to R side and sway body to R side, recover weight on L
7-8 touch R next to L, hold

END : on wall 13 after 20 counts