

Just Painting Pillows

COPPER KNOB
STEPPERS

拍數: 42 牆數: 4 級數: Intermediate
編舞者: Sandy Carty Hodges (USA) - August 2020
音樂: Painting Pillows - Lauren Alaina



(Dedicated to R.S) No Tags, No Restarts

Set 1: BASIC FORWARD AND BACK WITH ¼ TURN LEFT.

1-6 Starting on left foot, basic forward and back making ¼ turn left.

Set 2: ¼ TURN LEFT BASIC FORWARD AND BACK WITH A ¼ TURN LEFT.

1-3 Step forward on left, making ¼ turn left, together right, together left.

4-6 Step back on right, making ¼ turn left, left together, right together.

Set 3: TWINKLE LEFT, WEAVE LEFT.

1-3 Step left over right on right diagonal, right together, step left on left diagonal.

4-6 Cross right over left, step left, right behind left.

Set 4: ROCK LEFT RECOVER RIGHT, WEAVE RIGHT, ¼ TURN RIGHT

1-3 Rock left on left, step back on right, cross left over right,

4-6 Step right on right, left behind right, step on right making ¼ turn right.

SET 5: BASIC WITH FULL TURN RIGHT.

1-6 Starting with left foot, basic while doing TWO 1/2 turns.

SET 6: BASIC WITH A PRESS.

1-3 Cross left over right, back on right, step together left,

4-6 Cross right over left, back on left, step together right.

SET 7: BASIC FORWARD AND BACK MAKING ¼ TURN RIGHT.

1-6 Stepping on left, basic forward and back making ¼ turn right

End of dance, start again. (email: sandyutah82@gmail.com)