

# Crank It Up

拍數: 32      牆數: 2      級數: Low Intermediate  
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音樂: Crank It Up - Colt Ford



Intro: 32

## STEP HIP SWIVEL, COASTER STEP TWICE

1&2      Step right forward, swivel heels right (raise right hip), swivel heels to center  
3&4      Step right back, step left beside right, step right forward  
5&6      Step left forward, swivel heels left (raise left hip), swivel heels to center  
7&8      Step left back, step right beside left, step left forward

## ROCK FORWARD, 1/2 TURN SHUFFLE, ROCK FORWARD, COASTER CROSS

1-2      Rock right forward, recover to left  
3&4      Turn 1/2 right and shuffle forward right-left-right  
5-6      Rock left forward, recover to right  
7&8      Step left back, step right together, cross left over

Restart here on wall 4

## GRAPEVINE RIGHT, TURNING GRAPEVINE LEFT

1-4      Step right, step left behind right, step right, touch left together  
5-8      (Make a full turn to left) Step left, step right behind left, step left, touch right together  
(the turn is 3 counts, 5,6,7 touching right beside the left is 8)  
(NOTE: if you don't want to turn on counts 5-8 do a grapevine with no turn)

## TOUCH, TOUCH, SAILOR; TOUCH, TOUCH, SAILOR

1-2      Touch right forward, touch right side  
3&4      (Right sailor step) Step right behind left, step left to side, step right to side  
5-6      Touch left forward, touch left side  
7&8      (Left sailor step) Step left behind right, step right to side, step left to side

REPEAT

RESTART On wall 4

Dance 16 counts and restart

TAG After wall 9

1-4      Rock right forward, recover to left, rock right back, recover to left

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