

Process In Time

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: High Intermediate
編舞者: Ria Vos (NL) - August 2020
音樂: Made For These - Jimmie Allen & Tim McGraw : (Album: Bettie James)



Intro: 16 Counts

Basic NC L, Side, Behind, ¼ R, ¼ R Basic NC L, ¼ L, Reverse Spiral ½ L, 'Run' L-R-L Turning ¼ L w/Sweep

1-2& Step L to L Side, Step R Behind L, Cross L Over R
3-4& Step R to R Side, Step L Behind R, ¼ Turn R Step Fwd on R (3:00)
5-6& ¼ Turn R Step L to L Side, Step R Behind L, Cross L Over R (6:00)
7 ¼ Turn L Step Back on R Spiral Turn Another ½ Turn L on R (9:00)
8&1 'Run' Fwd L-R-L in an Arc ¼ Turn L (Sweeping R on the last L 'Run') (6:00)

Cross-Side Rock, Cross-Side Rock, Rock Fwd (dip), Recover w/Sweep, Back w/Sweep, Behind-Side-Cross

2&3 Cross R Over L, Rock L to L side, Recover on R
&4& Cross L Over R, Rock R to R Side, Recover on L
5 Rock Fwd on R Dipping Down
6-7 Recover on L Coming Up and Sweeping R, Step Back on R Sweeping L
8&1 Step L Behind R, Step R to R Side, Cross L Over R

Unwind ¾ R, Step Fwd, Full Turn L, ¼ L Basic NC R, Point L, Back Rock, Side

2-3 Unwind ¾ Turn R ending Weight on R, Step Fwd on L (3:00)
4& ½ Turn L Step Back on R, ½ Turn L Step Fwd on L (3:00)
5-6& ¼ Turn L Step R to R Side, Step L Behind R, Cross R Over L (12:00)
7 Point L to L Side
8&1 Rock Back on L, Recover on R, Step L to L Side

Behind-Side-Cross, ¼ R, ¼ R, Point L, Sweep ½ L, Step, ½ R, ¼ R, Point L

2&3 Step R Behind L, Step L to L Side, Cross R Over L
4&5 ¼ Turn R Step Back on L, ¼ Turn R Step R to R Side, Point L to L Side (6:00)
6-7 Step Weight on L Sweeping R ½ Turn L, Step Fwd on R (12:00)
8&1 ½ Turn R Step Back on L, ¼ Turn R Step R to R Side, Point L to L Side (9:00)

Sway L, Sweep ¼ R, 5/8 L Diamond

2-3 Sway L Looking L, ¼ Turn R weight on R Sweeping L from Back to Front (12:00)
4&5 Cross L Over R, Step R to R Side, 1/8 Turn L Step Back on L (10:30)
6&7 Step Back on R, 1/8 Turn L Step L to L Side, 1/8 Turn L Step Fwd on R (7:30)
&8& Step Fwd on L, 1/8 Turn L Step R to R Side, 1/8 Turn L Step Back on L (4:30)
1 Big Step Back on R Dragging L Towards R

Rock Back, Spiral 7/8 R, Step Fwd R-L, Step Pivot ¾ L, Basic NC R

2&3 Rock Back on L, Recover on R, Step Fwd on L Spiral 7/8 Turn R on L (3:00)
4-5 Step Fwd on R, Step Fwd on L
6& Step Fwd on R, Pivot ¾ Turn L (6:00)
7-8& Step R to R Side, Step L Behind R, Cross R Over L

No Tags, No Restarts

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