

# Can't Hop a Train

拍數: 64      牆數: 2      級數: Phrased Intermediate  
編舞者: Antonella Fedi (IT) - July 2020  
音樂: Can't Hop a Train - Matt Mason



Sequence: A,A,B,B,B(24), A,A,B,B,B(8),A,A,B,B,B,B, A(24+final)

## PARTE A

### TOE, STRUT, TOE, STRUT, TOE, STRUT, HEEL, TOGETHER

1-2      Point right toe to right, drop right heel to floor and turn ½ right  
3-4      Point left toe to left, drop left heel to floor and turn ½ right  
5-6      Point right toe to right, drop right heel to floor  
7-8      Left heel fwd, left together

### HEEL, TOGETHER, TOE, STRUT, TOE, STRUT, TOE, STRUT

1-2      Right heel fwd, right together  
3-4      Point left toe to left, drop left heel to floor and turn ½ left  
5-6      Point right toe to right, drop right heel to floor and turn ¾ left  
7-8      Point left toe fwd, drop left heel to floor

### ROCK STEP, ROCK STEP, COASTER STEP, SCUFF

1-2      Right rock step fwd, recover on left and turn ½ right  
3-4      Right rock step fwd, recover on left  
5-6      Right step back, left together  
7-8      Right step fwd, left scuff

### STEP, POINT, BACK, KICK, SIDE ROCK, TURN, STOMP UP

1-2      Left step fwd, point right toe behind left  
3-4      Right step back, left kick fwd  
5-6      Turn ¼ left and left side rock, recover on right  
7-8      Turn ½ left and step left beside right, right stomp up beside left

## PARTE B

### STEP, LOCK, STEP, HOLD, ROCK STEP, TURN, SCUFF

1-2      Right step fwd, lock left behind right  
3-4      Right step fwd, hold  
5-6      Left rock step fwd, recover on right  
7-8      Turn ½ left and left step fwd, right scuff

### CROSS, KICK, KICK, CROSS, ROCK BACK, STOMP

1-2      Cross right over left and hook left behind right, left in place and right kick fwd  
3-4      Right in place and left kick fwd, cross left over right and right hook behind left  
5-6      Right rock back (jumping), recover on left  
7-8      Right stomp together, hold

### TOE, TOGETHER, TOE, TOGETHER, KICK, STOMP, FLICK, STOMP

1-2      Right toe fwd, right together  
3-4      Left toe fwd, left together  
5-6      Right kick fwd, right stomp together  
7-8      Right flick, right stomp together

### TOE, TOGETHER, TOE, TOGETHER, KICK, STOMP, FLICK, STOMP

1-2      Left toe fwd, left together

3-4 Right toe fwd, right together  
5-6 Left kick fwd, left stomp together  
7-8 Left flick, left stomp together

**RESTART:**

**\*3rd B: Restart after 24 counts**

**\*6th B: after 7 counts: Right stomp up beside left then Restart**

**FINAL: At the last A after 23 counts: Left step fwd then cross right over left and turn  $\frac{3}{4}$  left**

**HAVE FUN !!**

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