

Stop! Stop! Stop!

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Janet (Zhen Zhen) Ge (CN) - August 2020
音樂: Stop! Stop! Stop! - Nu Virgos : (3:46)



Sequence: 32 / 32 / 32T1 / 32 / 32T2 / 32T1 / 32 / 32T2 / 32T1 / 32 ...

Intro: 32count

[1-8] Touch Toe, Touch Heel, Rock, Cross, Toe, Heel, Rock, Cross

- 12 Touch right toe next to left with left heel turn to the right, touch right heel next to left with left toe turn to the right
- 3&4 Rock right to side, recover on left, cross right over left
- 56 Touch left toe next to right with right heel turn to the left, touch left heel next to right with right toe turn to the left
- 7&8 Rock left to side, recover on right, cross left over right

[9-16] 1/8 Turn R Fwd Mambo, Back, 1/8 Turn R Side, Cross, Point, Hold, Point Switch

- 1&2 1/8 Turn R stepping right forward, recover on left, step right back (1:30)
- 3&4 Step left back, 1/8 turn R stepping right to side, cross left over right (3:00)
- 56& Point right to side, hold, step right together
- 7&8 Point left to side, step left together, point right to side

[17-24] Rock, Together, Back, Back, Coaster Step, 1/2 Turn L Back Shuffle

- 12& Rock right forward with rolling your body, recover on left, step right together
- 34 Step left back, step right back
- 5&6 Step left back, step right together, step left forward
- 7&8 1/4 Turn L step right to side, step left together, 1/4 turn L stepping right back (9:00)

[25-32] Back, Touch, Out,Out, In, Cross, Side Mambo, Side Mambo

- 12 Step left back, touch right toe forward
- &3&4 Step right out, step left out, step right in, cross left over right
- 5&6 Rock right to side, recover on left, step right together
- 7&8 Rock left to side, recover on right, step left together

Tag1: After on wall 3 (3:00), wall 6 (6:00) & wall 9 (9:00)

[1-6] Fwd Mambo, Back Mambo, Touch Toe, Touch Heel

- 1&2 Rock right forward, recover on left, step right together
- 3&4 Rock left back, recover on right, step left together
- 5 6 Same as the count 1 to 2 of the dance

Tag2: After on wall 5 (9:00) & wall 8 (12:00)

- 1 2 Touch Toe, Touch Heel
- 3 4 Same as the count 1 to 2 of the dance

Have Fun!

Contact Email: 93806188@qq.com