

A Muddy Mess

拍數: 32 牆數: 4 級數:
編舞者: John Lindsay (USA) & Mia Guerrero (USA) - July 2020
音樂: Muddy Mess (feat. Demun Jones) - Bubba Sparxxx : (Album: Average Joe's Ent... Muddigger 11)



(No Tags, No Restarts)

Walk Right, Left, Strut Walks, Rock forward and back right ¼ Turn.

- 1 Step forward Right
- 2 Step forward Left
- 3 Step forward Right turning Right foot to the side and bending knee w/snap of Right Hand
- 4 Step forward Left
- 5 Step forward Right turning Right foot to the side and bending knee w/snap of Right Hand
- 6 Step forward Left
- 7 & 8 Rock forward Right, back on Left (1/4 turn over Right shoulder), landing on Right

Continue 1/2 Chase Turn to the Right, Kick Ball Cross, ¾ Paddle Turn

- 1 & 2 Step forward Left, ½ Turn over Right Shoulder, Cross Left in front (Now facing 9 O'clock)
- 3 & 4 Kick Right, Step down on Right (&) cross Left over Right
- &5 Hitch Right knee in, point Right toe out beginning a paddle turn 1/4
- &6 Hitch Right knee in, point Right toe out continuing paddle turn 1/4
- &7 Hitch Right knee in, point Right toe out continuing paddle turn 1/4
- &8 Hitch Right knee in, point Right toe out continuing paddle turn finishing back at 12 O'clock

Step to the Right, Left behind and Cross, Step Right Reaching Right hand Out, Pull body to Hand and Roll ¼ turn down Left (facing 9 O'Clock), Shuffle forward with weight back Left, Right, Left

- 1 Step down Right to the right
- 2 Step Left behind
- & Step Right to the side
- 3 Step Left across in front of Right
- 4 Step to Right reaching Right hand to the Right
- 5 Pull Body toward Right hand
- &6 Roll down into ¼ turn facing Left (facing 9 O'clock) weight landing on Right
- 7 & 8 Shuffle forward Left, Right Left (Keeping weight slightly back)

Walk Back Right, Left, Right, Left while Rolling Shoulders; Step Right Steering the car with right hand, Rock L, R, L while steering. (weight lands on left foot on 8)

- 1 Step back Right rolling Right shoulder back
- 2 Step back Left rolling Left shoulder back
- 3 Step back Right rolling Right shoulder back
- 4 Step back Left rolling Left shoulder back
- 5 Step out to the Right to a wide base with Left arm forward steering the car to the Right
- 6 Rock back to the Left steering the car to the Left
- 7 Rock to the Right steering the car to the Right
- 8 Rock back to the Left steering the car to the Left (ends facing 9 O'clock)

Start Over & Get Messy!