

How Many Times

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Sophie Stevens (UK) & Nathan Gardiner (SCO) - July 2020
音樂: How Many Times - Megan McKenna



Music available on iTunes and Amazon

#32 Count Intro - No Tags.

S1: Side R, Behind, Kick Ball Cross, Side Rock, Recover, Cross Shuffle.

1, 2 Step R to R side, Step L behind R
3 & 4 Kick R forward, Step R next to L, Cross L over R
5, 6 Rock out to R side, Recover on L
7 & 8 Cross R over L, Step L to L side, Cross R over L

S2: Side L, Behind, Kick Ball Cross, Side Rock, Recover, Behind Side Cross.

1, 2 Step L to L side, Step R behind L
3 & 4 Kick L forward, Step L next to R, Cross R over L
5, 6 Rock out to L side, Recover on R
7 & 8 Step L behind R, Step R to R side, Cross L over R

S3: Rock Forward, Recover, Full Turn R, Kick & Point, Kick & Point.

1, 2 Rock forward on R, Recover on L
3, 4 ½ R stepping forward on R, ½ R stepping back on L
5 & 6 Kick R forward, Step R next to L, Point L to L side
7 & 8 Kick L forward, Step L next to R, Point R to R side

S4: Step Back, Dig Heel, Together, Touch, Back, Heel, Together, Scuff, Step Pivot ¼ L, Step Pivot ¼ L.

& 1 & 2 Step back on R, Dig L heel forward, Step L next to R, Touch R behind L
& 3 & 4 Step back on R, Dig L heel forward, Step L next to R, Scuff R foot forward
5, 6 Step forward on R, Pivot ¼ L
7, 8 Step forward on R, Pivot ¼ L

S5: Cross R, Side, Behind, Point, Cross L, Side, Behind, Point.

1, 2 Cross R over L, Step L to L side
3, 4 Step R behind L, Point L to L side
5, 6 Cross L over R, Step R to R side
7, 8 Step L behind R, Point R to R side

S6: Cross R, Touch, Step Back, Side, Cross L, Touch, Step Back, Side.

1, 2 1/8 L stepping forward on R, Touch L behind R
3, 4 Step back on R, 1/8 R stepping R to R side
5, 6 1/8 R stepping forward on L, Touch R behind L
7, 8 Step back on R, 1/8 L stepping L to L side

S7: Shuffle Forward, Step Pivot ½ R, ¼ R, Behind, ¼ L, Scuff.

1 & 2 Step forward on R, Step L next to R, Step forward on R
3, 4 Step forward on R, Pivot ½ R
5, 6 ¼ R stepping L to L side, Step R behind L
7, 8 ¼ L stepping forward on L, Scuff R forward

S8: Rock Forward, Recover, 1½ Turn R, Step Forward, Together, Heel/Toe Swivels.

1, 2 Rock forward on R, Recover on L

3 & 4 ½ R stepping forward on R, ½ R stepping back on L, ½ R stepping forward on R
5, 6 Step forward on L, Step R next to L
& 7 & 8 Swivel L Toes to R instep (lifting heel) whilst R Heel Fans Toes to R side, Close, Swivel R
 Toes to L instep (lifting heel) whilst L Heel Fans Toes to L side, Close.

Restart: On Wall 3 restart the dance after Count 48.
