# Bang! Bang! Bang!



編舞者: John Dembiec (USA) - July 2020

音樂: Bang! - AJR



#### #16 count intro

# [1-8] TOE STRUTS, JAZZ BOX, HOLD

1-4 Cross R toe over L, Bring R heel down, Touch L toe to L, Bring L heel down

5-8 Step R over L, Step L back, Step R to R, Hold

# [9-16] TOE STRUTS, JAZZ BOX, HOLD

1-4 Cross L toe over R, Bring L heel down, Touch R toe to R, Bring R heel down

5-8 Step L over R, Step R back, Step L to L, Hold

#### [17-24] ROCK RECOVER, BACK STEP, DRAG, COASTER, HOLD

1-4 Rock R forward, Replace to L, Big step R back, Drag L next to R (weight stays on R)

5-8 Step L back, Step R next to L, Step L forward, Hold

\*(RESTART here on wall 5, 3rd time facing front)

#### [25-32] 1/2 PIVOT, KNEE POPS, HOLD, HIP BUMPS

1-2 Step R forward, Make ½ turn to L stepping onto L (6:00)

3,4,5 Bringing R next to L pop R knee in, Pop L knee in, Pop R knee in

6,7,8 Hold, Stepping R slightly to R bump R hip, Bump L hip

\*(ENDING: Add one additional R hip bump to end dance)

## [33-40] KICK STEPS, SCISSOR STEP, HOLD

1-4 Kick R to R diagonal, Step R down, Kick L to R diagonal, Step L down

5-8 Side rock R to R, Replace to L, Cross R over L, Hold

## [41-48] KICK STEPS, SCISSOR STEP, HOLD

1-4 Kick L to L diagonal, Step L down, Kick R to L diagonal, Step R down

5-8 Side rock L to L, Replace to R, Cross L over R, Hold

#### [49-56] BACK STEPS & TOUCHES, BACK COASTER, HOLD

1-4 Step R back to R diagonal, Touch L next to R, Step L back to L diagonal, Touch R next to L

#### (STYLING NOTE: As you step back, dip down, come back up as you touch)

5-8 Step R back, Step L next to R, Step R forward, Hold

# [57-64] STOMPS, HIP BUMPS, HOLD, HIP ROLL

1-2 Stomp L forward, Stomp R next to L

3,4,5 Bumps hips R, L, R

6,7,8 Hold, Roll hips R to L for 2 counts (weight to L)

## **REPEAT AND HAVE FUN !!!!**

E-mail: TwStpr@aol.com