

This Day Is Good

COPPER **NOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Easy Improver
編舞者: Marianne Langagne (FR) - July 2020
音樂: Lord, I Hope This Day Is Good (feat. Alan Jackson) - Caylee Hammack



Intro: 16 Counts – No Tag, No Restart

[1 – 8] TOE HEEL CROSS (R&L), HEEL SWITCHES, KICK BALL STOMP

1 & 2 Touch R Toe next to LF, Tape R Heel FWD, Cross RF over LF
3 & 4 Touch L Toe next to RF, Tape L Heel FWD, Cross LF over RF
5 & 6 R Heel FWD, Together, L Heel FWD
&7&8 Together, Kick RF FWD, Together, Stomp LF

[9 – 16] R. HEEL TAP TWICE, SIDE STOMP, L. HEEL TAP TWICE, SIDE STOMP, CROSS, ¼ TURN R., SIDE SHUFFLE

1 & 2 Tape R Heel next to LF twice, Stomp RF to the R
3 & 4 Tape L Heel next to RF twice, Stomp LF to the L
5 – 6 Cross RF over LF, ¼ Turn R-LF Back (3a.m)
7 & 8 RF to the R, Together, RF to the R

[17 – 24] VAUDEVILLE, HEEL FWD, TOE BACK, TRIPLE FWD

1 & 2 Cross LF over RF, RF to the R, L Heel FWD
&3&4 Together, Cross RF over LF, LF to the L, R Heel FWD
&5-6 Together, L Heel FWD, L Toe Back
7 & 8 LF FWD, Together, LF FWD

[25 – 32] WALK ON ½ TURN R, TRIPLE FWD, STEP TURN R., STEP TURN R, STEP

1 – 2 ¼ Turn R- RF FWD (6a.m), ¼ turn R-LF to the L (9a.m)
3 & 4 RF FWD, Together, RF FWD
5 – 6 LF FWD, ½ Turn R
7 & 8 LF FWD, ½ Turn R (weight on RF), LF FWD (9a.m)

ENJOY !!!!

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