

From Hell To Paradise

拍數: 64 牆數: 2 級數: Beginner
編舞者: Sigg Gudenus (DE) - June 2018
音樂: From Hell to Paradise - The Mavericks



Note: The dance begins, when the singing starts.

S1. Section: right Heel, left Heel, right Toe – Heel – Heel – Toe Swivels

- 1-2 tap right heel forward, RF next to LF
- 3-4 tap left heel forward, LF next to RF
- 5-6 turn right toe to the right, turn right heel to the right
- 7-8 turn right heel to the left, turn right toe back to the starting position (weight on RF)

S2. Section: left Heel, right Heel, left Toe – Heel – Heel – Toe Swivels

- 1-2 tap left heel forward, LF next to RF
- 3-4 tap right heel forward, RF next to LF
- 5-6 turn left toe to the left, turn left heel to the left
- 7-8 turn left heel to the right, turn back left toe to the starting position (weight on LF)

Restart: For the version: „From Hell to Paradise - Album“ stop here at the 5th wall and dance from the beginning (12 o'clock).

S3. Section: Grapevine with Scuff, Step, Scuff, Step, Side Point

- 1-2 RF step to the right, cross LF behind RF
- 3-4 RF step to the right, swing LF forward (slide heel over the floor)
- 5-6 LF step forward, swing RF forward (slide heel over the floor)
- 7-8 RF step forward, tap left toe next to RF (turn left knee inwards)

S4. Section: Rolling Vine with Scuff, Side, Touch, Side, Touch

- 1-2 ¼ turn to the left and LF step forward, ½ turn to the left and RF step back
- 3-4 ¼ turn to the left and LF step to the left, swing RF forward (slide heel over the floor)
- 5-6 RF step to the right, tap LF next to RF
- 7-8 LF step to the left, tap RF next to LF

Restart: For the version: „Best of The Mavericks“ stop here at the 5th wall and dance from the beginning (12 o'clock)

S5. Section: Rumba Box with Hook

- 1-2 RF step to the right, LF next to RF
- 3-4 RF step forward, LF next to RF
- 5-6 LF step to the left, RF next to LF
- 7-8 LF step back, cross RF in front of left leg

S6. Section: Step, Lock, Step, Scuff, Rock Step, ½ Turn I, Step, Stomp

- 1-2 RF step forward, cross LF behind RF
- 3-4 RF step forward, swing LF forward (slide heel over the floor)
- 5-6 LF step forward, slightly raise the RF and weight back onto RF
- 7-8 ½ turn to the left and LF step forward, stomp RF next to LF (6 o'clock)

S7. Section: Swivets right/left, Side, Behind, Side, Cross

- 1-2 turn the right toe to the right, at the same time turn the left heel to the left, turn back both
- 3-4 turn the left toe to the left, at the same time turn the right heel to the right, turn back both
- 5-6 RF step to the right, cross LF behind RF
- 7-8 RF step to the right, cross LF in front of RF

S8. Section: Side Rock, ½ Turn, Side, Cross, Monterey Turn

- 1-2 RF step to the right, slightly raise the LF and weight back onto LF
 - 3-4 ½ turn to the right and RF step to the right, cross LF in front of RF (12 o'clock)
 - 5-6 tap right toe to the right, ½ turn to the right, RF next to LF (6 o'clock)
 - 7-8 tap left toe to the left, LF next to RF
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