

Blame It on the Double

COPPER KNOB
STEPSHEETS

拍數: 40 牆數: 4 級數: High Beginner
編舞者: Heidi Cronjé (SA) - June 2020
音樂: Blame It on the Double - Cory Marks



Intro: 32 counts

SECTION 1: FWD, ½ L PIVOT TURN, FWD LOCK STEP, FWD, ½ R PIVOT TURN, FWD LOCK STEP

1-2 Step R fwd, Turn ½ L (06:00)
3&4 Step R fwd, Lock L behind R, Step R fwd
5-6 Step L fwd, Turn ½ R (12:00)
7&8 Step L fwd, Lock R behind L, Step L fwd

SECTION 2: SIDE, TOGETHER, R SHUFFLE, SIDE, TOGETHER, ¼ L SHUFFLE

1-2 Step R side, Step L together
3&4 Step R side, Step L together, Step R side
5-6 Step L side, Step R together
7&8 Turn 1/8 L and step L side, Step R together, Turn 1/8 L and Step L side (09:00)

SECTION 3: FWD ROCK, RECOVER, ½ R SHUFFLE, FWD ROCK, RECOVER, ½ L SHUFFLE

1-2 Rock R fwd, Recover L
3&4 Turn ¼ R and step R side, Step L together, Turn ¼ R and step R fwd (03:00)
5-6 Rock L fwd, Recover R
7&8 Turn ¼ L and step L side, Step R together, Turn ¼ L and step L fwd (09:00)

SECTION 4: SIDE, TOGETHER, BACK SHUFFLE, SIDE, TOGETHER, FWD SHUFFLE

1-2 Step R side, Step L together
3&4 Step R back, Step L together, Step R back
5-6 Step L side, Step R together
7&8 Step L fwd, Step R together, Step L fwd

SECTION 5: WALK FWD (U TURN R) X 4, R KICK BALL CHANGE X 2

1-2 Turn 1/8 R and step R fwd, Turn 1/8 R and step L fwd (06:00)
3-4 Turn 1/8 R and step R fwd, Turn 1/8 R and step L fwd ((09:00)
5&6 Kick R fwd, Step R together on ball of R, Step L in place
7&8 Kick R fwd, Step R together on ball of R, Step L in place

Start Again. Have fun and Enjoy!

Thank you, Jeanine Joubert for suggesting the music

Contact - email: linedanceriversdal@gmail.com

Last Update - 16 Oct. 2020
