

What Have I Got To Lose

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Beginner
編舞者: Pat Newell (USA) - July 2020
音樂: Blues About You Baby - Delbert McClinton



Patio dancing 2020

#40 in

2x 1/2 PIVOTS LEFT WITH HOLDS

1-4 Step fwd on R, hold, 1/2 pivot left, hold
5-8 Step fwd on R, hold, 1/2 pivot left, hold

RIGHT VINE AND SWIVELS

1-4 Step R to R, L behind R, step R to R, step on L
5-8 Fan heels to L, R, L, center

LEFT VINE TO 1/4 LEFT AND SWIVELS

1-4 Step L to L, R behind L, step L to L to 1/4 L , step on R 3:00
5-8 Fan heel R, L, R, center

STEP HOP, STEP HOP, BACK BACK , ROCK RECOVER

1-4 Step fwd on R, hop with L, step fwd on L, hop with R
5-8 Step back, R, L, rock back on R, recover on L

RIGHT TOE STRUT, CROSS TOE STRUT, ROCK RECOVER, CROSS HOLD

1-4 R toe, heel step down, cross strut L over R
5-8 Rock R to R side, recover on L, cross R over L, Hold

LEFT TOE STRUT, CROSS TOE STRUT, ROCK RECOVER, CROSS HOLD

1-4 L toe, heel step down, cross strut R over L
5-8 Rock L to L side, recover on R, cross L over R, hold

DANCE FOR THE HEALTH OF IT.
