

I'm Broken

拍數: 32 牆數: 4 級數: Low Improver
編舞者: Ninna Jensen (DK) - July 2020
音樂: Broken - Tift Merritt : (iTunes)



Intro: 16 counts from heavy beat.

Sec.1: WALK FORW R L, SHUFFLE, ROCK STEP, SHUFFLE ½ TURN LEFT

1-2 Walk fw R L
3&4 RF fw, LF next to RF, RF fw
5-6 LF rock fw, recover to RF
7&8 ¼ turn L stepping LF to L, step RF next to L, ¼ turn L stepping LF to L.

(Restart 4. wall)

Sec.2: WEAVE TO L, SWEEP, BEHIND SIDE CROSS, SWEEP

1-4 RF cross in front of LF, LF to L, RF cross behind of LF, sweep LF from front to back
5-8 LF cross behind RF, RF to R, LF cross behind RF, sweep RF from back to front.

(Restart 10. wall)

Sec.3: ROCKING CHAIR, PIVOT ½ TURN LEFT, PIVOT ¼ TURN LEFT

1-4 Rock RF fw, recover to LF, Rock RF bw, recover to LF
5-8 Step RF fw, turn ½ L taking weight on LF, step RF fw, turn ¼ L taking weight on LF

Sec.4: 2x CROSS POINT, JAZZ BOX

1-4 Step RF in cross of LF, point L toe to L, step LF in cross of RF, point R toe to R.
5-8 Cross RF over L, step LF back, RF to R, LF fw.

**2 Restarts: 4th wall after 8 counts, and 10th wall after 16 counts.

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