

Ready For The Weekend

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Britt Beresik (USA) & I.C.E. (ES) - June 2020
音樂: Ready for the Weekend - Calvin Harris



Intro: 32 counts (approx. 14 secs) (No Tags, No Restarts)

S1: 2 Bouncy Lock Steps Back, Step Back, Coaster ¼turnR, Scuff

1&2 Step R back, Lock L over R, Step R back (option: bounce with a down-up-down feel)
3&4 Step L back, Lock R over L, Step L back (option: bounce with a down-up-down feel)
5 Step R back
6&7-8 ¼turnR and Step L back, Step R next to L, Step L fwd to R diagonal, Scuff R [1:30]

S2: Diagonal Toe/Heel/Heel/Toe and HOLDS

&1-2 Step R fwd, Touch L toe next to R, HOLD [1:30]
&3-4 Step L back, Touch R heel fwd, HOLD [1:30]
&5-6 Step R next to L, ¼turnL and Touch L heel fwd, HOLD [10:30]
&7-8 Step L fwd, Touch R toe next to L, HOLD [10:30]

***SYNCOPATED NO-HOLD OPTION &5&6&7&8:**

Step R next to L (&), ¼turnL and Touch L heel fwd (5), Step L fwd (&), Touch R toe next to L(6), Step R back (&), Touch L heel fwd (7), Step L fwd (&), Touch R toe next to L(8) [10:30]

S3: & Side Rock, Recover, Cross Shuffle, Jump, HOLD-Snap, Cross, ¼turnR- Step Back

&1-2 Step R next to L, Rock L to L side (push arms to right) with ¼turnR, Recover R [12:00]
3&4 Cross L over R, Step R to R side, Cross L over R
&5-6 Jump R to R side, Bring L next to R, HOLD (snaps high, elbows bent) [angle to 11:00]
7-8 Cross R over L, ¼turnR stepping back on L [3:00]

S4: ¼ Hinge Turn R, HOLD, & Side Step, HOLD, Cross, ½turnR, Weave

1-2 ¼turnR stepping R to R side, HOLD [6:00]
&3-4 Step L next to R, Step R to R side, HOLD
5-6 Cross L over R, Unwind ½turnR taking weight on R [12:00]
7&8 Cross L over R, Step R to R side, Cross L behind R [12:00]

S5: Side Rock, ¼pivotL, Step Fwd, ¾turnR, Slide, HOLD, Cross Rock Behind, Recover

1-2 Rock R to side, Recover L with a ¼turnL [9:00]
3-4 Step R fwd (prep for R turn, use R arm fwd for help), ½turnR stepping back on L [3:00]
5-6 ¼turnR with R sliding to R side (drag L heel), HOLD [6:00]
7-8 Rock L behind R, Recover R [6:00]

S6: Scissor, ¼turnL - Rock Back, Recover, Hitch & Press, Hitch & Press

1&2 Step L to L side, Step R next to L, Cross L over R
3-4 ¼turnL while rocking back on R, Recover L fwd [3:00]
5&6& Hitch R, Step R, Press L to L side (weight remains on R)
7&8& Hitch L, Step L, Press R to R side (weight remains on L) [3:00]

S7: Rock Fwd, Recover, Coaster Step, Fwd 3 Walks, HOLD- Clap Clap

1-2-3&4 Rock R fwd, Recover L- Step R back, Step L next to R, Step R fwd
5-6-7&8 Walk fwd L-R-L, HOLD (Clap hands twice &8) [3:00]

S8: 2 x ½pivotL, Out-Out, In-In, &Bump &Bump

1-4 Step R fwd, ½pivotL, Step R fwd, ½pivotL [3:00]

&5&6 Step R out to R diagonal, Step L out to L diagonal, Step R back to center, Step L next to R
&7&8 Lift R hip up, Bump L hip down, Lift R hip up, Bump L hip down (tip: lift R heel with R knee bent, weight on L) [3:00]

Start Over

***Ending: Begin Wall 8 to 9:00, dance up to and including count 16. On count 17, ¼turnR with back Jump/Step on R and L heel to L side, squaring up to 12:00!**
