

# Optimis

COPPER KNOB  
STEPSHEETS

拍數: 64  
編舞者: Ferdy Iskandar (INA) - July 2020  
音樂: Optimis - AB Three

牆數: 4

級數: Easy Intermediate



## S1# STEP FORWARD - SIDE TOUCH -CROSS BACK MAMBO

1-2 Step R forward, touch L to side  
3-4 Step L forward, touch R to side  
5&6 Cross R behind L, recover on L, step R to side  
7&8 Cross L behind R, recover on L, Step L to side

## S2# CROSS WITH HEEL - STEP BACK WITH TOE - PIVOT 1/2 LEFT (2X)

1-2 Cross R heel over L, step R back with toe  
3-4 Step R forward, 1/2 turn L step L in the place (06.00)  
5-6 Step cross R heel over L, step R back with toe  
7-8 s Step R forward, 1/2 turn L step L in the place (12.00)

## S3# CROSS - STEP SIDE - TURN 1/2 RIGHT - ROLLING VINE FULL TURN LEFT

1-2 Step cross R over L, step L to side  
3-4 1/2 turn R step R to side, step L close touch beside R (06.00)  
5-6 1/4 turn L step L forward, 1/2 turn L Step R back  
7-8 1/4 turn L step L to side, touch R beside L (06.00)

## S4# SIDE MAMBO - WALK BACK WITH SHIMMY

1&2 Step R to side, Step L in the place, step R together  
3&4 Step L to side, Step R in the place, step L together  
5-6 Step R back, Step L back  
7-8 Step R back, Step L close L beside R

## S5# STEP FORWARD - FORWARD LOCK SUFFLE - PIVOT TURN 1/2 RIGHT- FORWARD LOCK SUFFLE

1-2 Step R forward, step L forward  
3&4 Step R forward, lock L behind R, Step R forward  
5-6 Step L forward, 1/2 turn R Step R in the place  
7&8 Step R forward, lock L behind R, Step R forward (12.00)

## S6#STEP SIDE-BEHIND SIDE CROSS-STEP SIDE - BEHIND SIDE CROSS TURN 1/4 RIGHT

1-2 Step R to side, recover on L  
3&4 Step cross R behind L, step L to side, cross R over L  
5-6 Step L to side, recover on R  
7&8 Step cross L behind R, 1/4 turn R step R forward, step L forward (03.00)

## S7# KICK BALL - STEP FORWARD (2X)

1&2& Kick R forward, close R beside L, step kick L forward, close L beside R  
3-4 Step R forward Weight on R, close L beside R  
5&6 kick L forward, close L beside R, step kick R forward, close R beside L  
7-8 Step L forward Weight on L, close R beside L

## S8# STEP FORWARD - CHASSE 1/2TURN RIGHT - FULL TURN LEFT

1-2 Step R forward, recover on L  
3&4 1/2 turn R step R forward, step L beside R, step R forward  
5-6 step L forward, 1/2 turn L step R back  
7-8 1/2 turn L step L forward, step R close beside L (09.00)

RESTART ON Wall 7, 8 After 32c

Have fun & optimis

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